

## Embroidery Project

# Blooming Flowers Quilt

Created by Linda Wenturine

A cute and trendy wall hanging... The Blooming Flowers Quilt features machine embroidery designs from the new BERNINA Exclusive Embroidery Collection – Stitch 'n' Bloom. The machine embroidery designs begin to bloom stitch by stitch and as the designs build, they truly look like they were sewn by hand using embroidery floss! The quilt features quick-stitch embroidery, easy patchwork piecing techniques and quilting with the BERNINA Stitch Regulator. A perfect wall hanging in your favorite girl's bedroom, this project also makes a charming crib quilt for a little one.

*Finished Size - Approximately 36" x 46"*

## Supplies

### Machine & Accessories

- BERNINA Sewing & Embroidery Machine
- Largest embroidery hoop
- BERNINA Embroidery Software 6 (optional)
- Teardrop Embroidery Foot #26
- Patchwork Foot with Guide #57
- BERNINA Stitch Regulator #42

### Embroidery Collection

- BERNINA Exclusive Embroidery Collection - Stitch 'n' Bloom #21000

### Notions

- Cotton batting, crib size
- OESD Ultra Clean & Tear Stabilizer
- 505 Temporary Spray Adhesive
- Isacord embroidery thread, colors #0345, 3815, 4240, 0352, and 4122 for embroidery
- Isacord, color #0015 for quilting
- YLI Variations, Sky 06V for quilting
- OESD Bobbin Thread
- Organ Embroidery needles, size 80/12 Sharp
- Target stickers - Designs in Machine Embroidery
- Water-soluble fabric marker

### Fabrics

- Coordinating fabrics - Benartex Crazy Daisy Collection (or print group of choice)
  - ◊ ½ yd Tile Citron (4642-44) - *blocks*
  - ◊ ½ yd Tile Turq (4642-84) - *blocks*
  - ◊ ¼ yd Crazy Daisy Green Floral (4647-44) - *blocks*
  - ◊ ¼ yd Crazy Daisy Turq Floral (4647-84) - *blocks*
  - ◊ ½ yd Rhythm Blue Stripe (4645-54) - *border*
  - ◊ ¾ yd Tile Citron & Turq -randomly pieced - *binding*
  - ◊ 1½ yds complementary print - *backing*
  - ◊ 1½ yds white solid fabric - *embroidery*



## Cutting Instructions

- White:
  - ◊ cut two 2" x 15" rectangles
  - ◊ cut eight hoop-size rectangles (will be trimmed to 5<sup>3</sup>/<sub>4</sub>" x 5<sup>3</sup>/<sub>4</sub>" )
- Green: cut eight 7" x 7" squares
- Blue: cut eight 7" x 7" squares
- Blue & white print:
  - ◊ Cut eight 4<sup>3</sup>/<sub>4</sub>" x 4<sup>3</sup>/<sub>4</sub>" squares
  - ◊ Sub-cut squares once on the diagonal to create two triangles (yield 16 triangles)
- Green & white print:
  - ◊ Cut eight 4<sup>3</sup>/<sub>4</sub>" x 4<sup>3</sup>/<sub>4</sub>" squares
  - ◊ Sub-cut squares once on the diagonal to create two triangles (yield 16 triangles)
- Border fabric: cut four 3" x WOF (width of fabric) strips
- Binding fabric: cut five 2" x WOF strips



## Embroider the Single Flower Blocks

- Cut a piece of OESD Ultra Clean & Tear stabilizer larger than the hoop size you are using.
- Spray the stabilizer with 505 Temporary Adhesive and affix it to the wrong side of the fabric, covering the area where the embroidery will be stitched.
- Embroider the design
  - ◊ On four of the hoop-sized rectangles of white fabric, stitch single flower design #21000-12.
  - ◊ On the remaining four white rectangles, embroider single flower design #21000-13.
- Trim each embroidered rectangle to 5<sup>3</sup>/<sub>4</sub>" x 5<sup>3</sup>/<sub>4</sub>" square, keeping the designs centered in each block.

## Embroider the Multi-Design Blocks

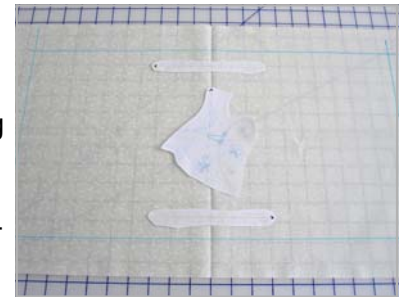
### Option One: Paper Template Method

- Design templates are provided on the embroidery collection CD or USB stick. Print the following templates:

*Note: The dragonfly and hummingbird designs are both reduced in size. After marking the general placement for them, use your embroidery machine's edit features to reduce the size on screen. Alternatively, use BERNINA Embroidery Software 6 to reduce the size prior to printing the paper templates. This is also helpful for mirror-imaging.*

- ◊ One dragonfly #20001-01 (decrease 20% and mirror image the design)
- ◊ One bird #20001-02 (mirror image and rotate 24°)
- ◊ One hummingbird #21000-03 (decrease size 20%)
- ◊ Five flowers #21001-14
- ◊ Five flowers #21001-14 (mirror image)
- ◊ Two vines #21000-18
- ◊ Four corner vines #21000-19

- Mark the finished embroidery field size on each 15" x 24" white rectangle using a water-soluble pen. Place the templates to create an arrangement as shown.



- Continue placing the templates for the remaining designs inside the drawn outline as shown.



- Place a target sticker in the center of each design.

*Note: Remove stickers before embroidering designs.*



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- Use a water-soluble marking pen to mark a horizontal center line across the entire length of each 15" x 24" white rectangle.
- For each design, cut a piece of stabilizer larger than your embroidery hoop.
- Spray one side of the stabilizer with 505 adhesive and affix it to the wrong side of the fabric, covering the area to be embroidered.
- Stitch each design in the complete arrangement separately.

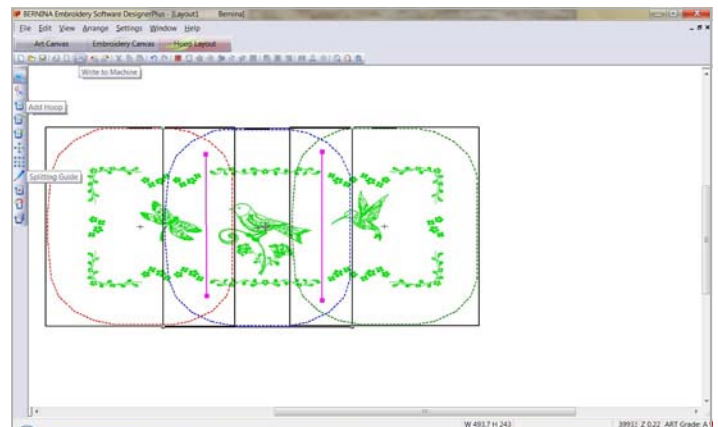
*Embroidery Option Two (with software)*

- Open BERNINA Embroidery Software 6 and open a New file.
- Right click on the Hoop icon and set the hoop size for your largest embroidery hoop.
- Click on Outline in the lower Stitch Bar and select Single Stitch. Use the Rectangle tool to draw a 508 mm x 254 mm rectangle. This marks the outline of the embroidery field, but will not be stitched.

- Delete the original rectangle, as it was a guide for laying out the design and will not be stitched.
- Click on the Hoop Layout tab and click the Add Hoops icon as needed to cover the entire embroidery area with hoops. Refer to the Onscreen Manual for tips and tricks for multi-hooping designs.

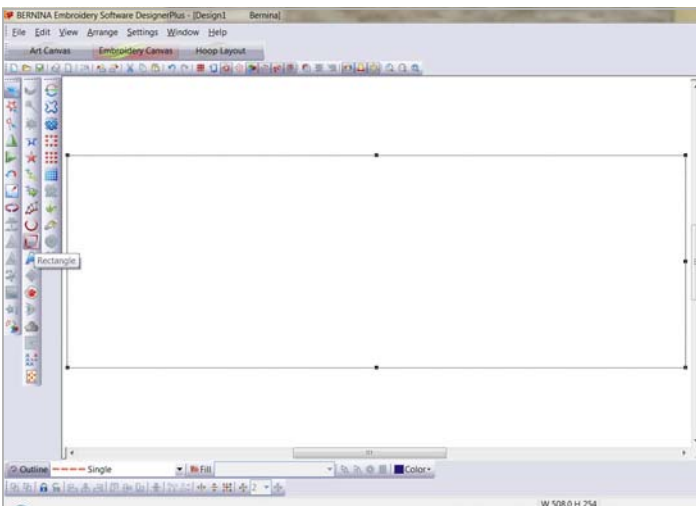
*TIP: Use the Splitting Guide tool to aid in determining where designs will be split.*

*Note: If you are using the BERNINA 830 and the Jumbo Hoop, the design can be stitched in three hoopings. This number will be higher for smaller hoops.*



- Click on the Write to Machine icon and the design will be split and sent to the machine or USB stick of your choice. Refer to the Onscreen Manual for specific instructions.

- Use a water-soluble marking pen to mark a horizontal center line across the entire length of each 15" x 24" white rectangle.
- For each design, cut a piece of stabilizer larger than your embroidery hoop.
- Spray one side of the stabilizer with 505 adhesive and affix it to the wrong side of the fabric, covering the area to be embroidered.
- Stitch the complete design in segments using multi-hooping techniques.



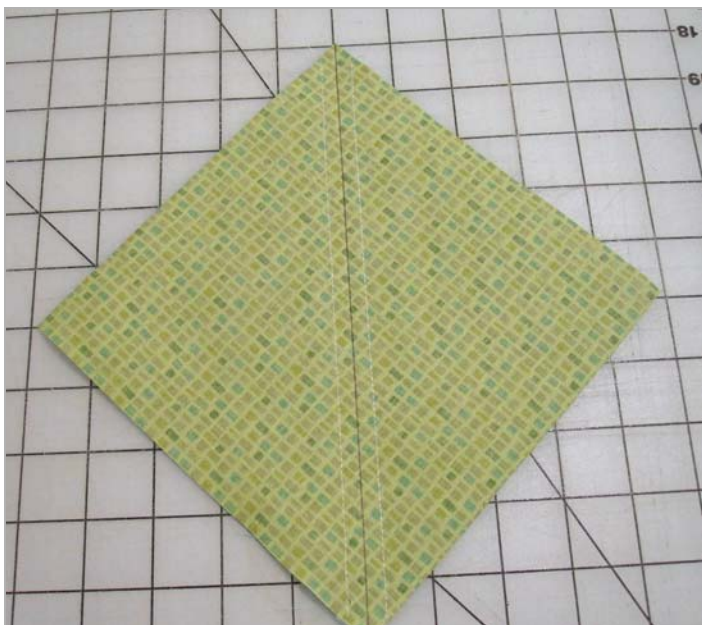
- Add the individual designs as listed in Option One, changing sizes and orientation as noted. You may choose to use the Mirror-Merge tools to easily create the design shown.



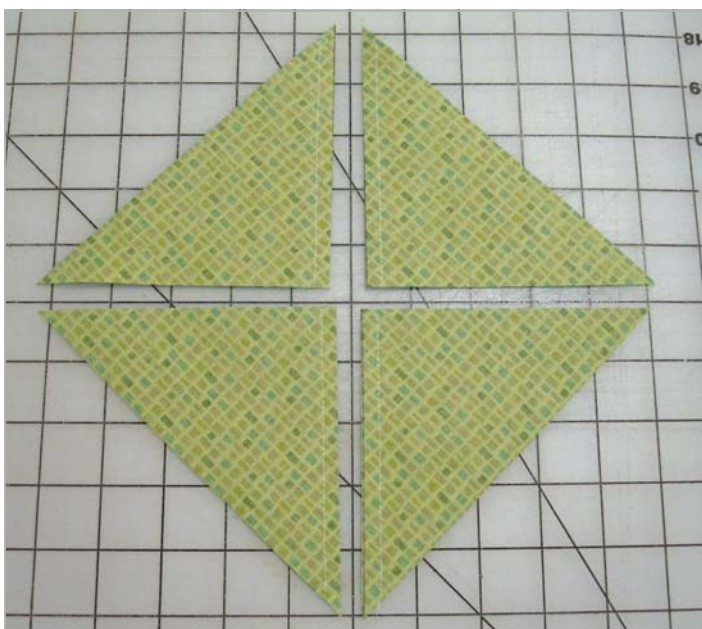
## Construct the Quilt

*Note: All seam allowances are 1/4" unless otherwise noted.*

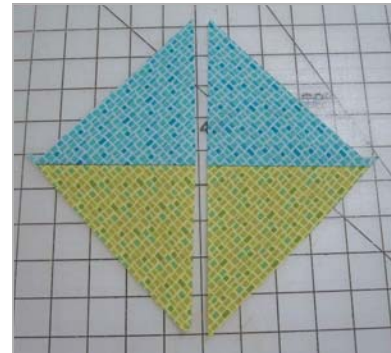
- Place one blue 7" square and one green 7" square right sides together.
- Mark a diagonal line from one corner to the opposing corner. Stitch 1/4" from each side of the line.



- Make the first cut from one unstitched corner to the opposing unstitched corner. Then sub-cut each of these pieces along the original marked lines. Press seam allowances toward the blue fabric.  
*Yield: Four Units*



- Note that all sets are not identical. Stack "like" unit together in two piles (blue/green and green/blue).
- Repeat for the rest of the 7" squares, sorting each unit in the appropriate pile.



- Divide the two different squares into separate piles. Stack one flower pile on the previous blue/green pile and the other on the green/blue pile.
- Stack all the green and white print triangles on one pile and the blue and white print triangles on the other.
- Set aside the pile containing the blue and white print triangles.

- Begin building a quilt square unit, starting with the center white square. Center the long side of the green and white print triangle along one side of the white center square. Stitch.
- Repeat for the opposite side of the white square.
- Press all seam allowances away from the center.
- Repeat for the two remaining sides of the white square.



- Trim and square the corners of each block, being sure to maintain 1/4" seam allowances on all sides.

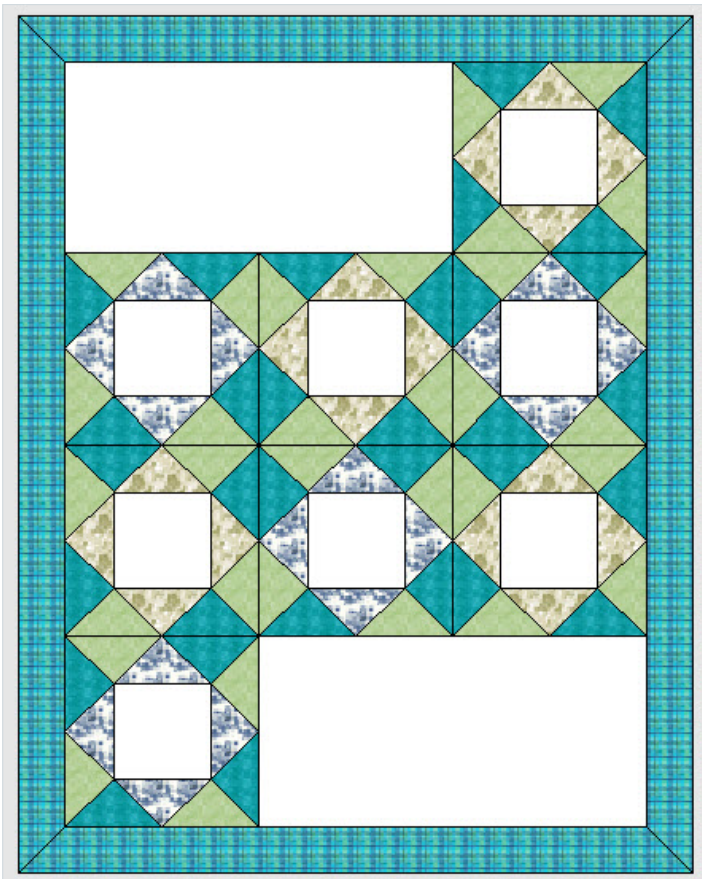


- Add the green/blue triangle units in the same manner. Press seam allowances away from the center. Trim and square the corners. Each block should measure 10<sup>3</sup>/<sub>4</sub>" x 10<sup>3</sup>/<sub>4</sub>" square.



- Trim both embroidered rectangles to 10<sup>3</sup>/<sub>4</sub>" x 21".
- Lay out the quilt using the diagram as a guide.

- Cut the batting 2" larger than the quilt top on all four sides.
- Layer the quilt:
  - ◊ Place backing right side up
  - ◊ Place batting over backing
  - ◊ Center quilt top, right side up, over batting
  - ◊ Spray-baste layers together using 505 adhesive.
- Quilt as desired. For the sample, the sewing machine was threaded with YLI Variations (Sky 06V) and the BERNINA Stitch Regulator was used to meander everywhere except the large white rectangular areas.



- Sew units into rows. Press seam allowances open.
- Sew rows together. Press seam allowances open.
- Sew a border strip to each side of the quilt top. Press seam allowances open.
- Sew a border piece to each end of the quilt top. Press seam allowances open.



- When quilting is complete, trim through all layers of the quilt, leaving a 2<sup>1</sup>/<sub>2</sub>" border strip all the way around.
- Sew the binding strips together and attach the binding using your preferred binding technique.