

**BERNINA  
5 Series****Pillow Parache**

Created by Linda Wenturine

Petals, spirals, and vines add a fresh look to this silk pillow trio. Simple details bring modern sophistication to home décor. These pillows are classy without being expensive. From Violet Petals to Carnation Spirals and ending with Lotus Vines, you can add a garden of color to your home. You will be amazed at how quickly these pillows go together and how much fashionable style they bring to a room.



With a BERNINA 5 Series Sewing Machine as your trusty design partner, it's easy to create fabulous home accents!

BERNINA  
550

**Supplies - Lotus Vine Pillow**

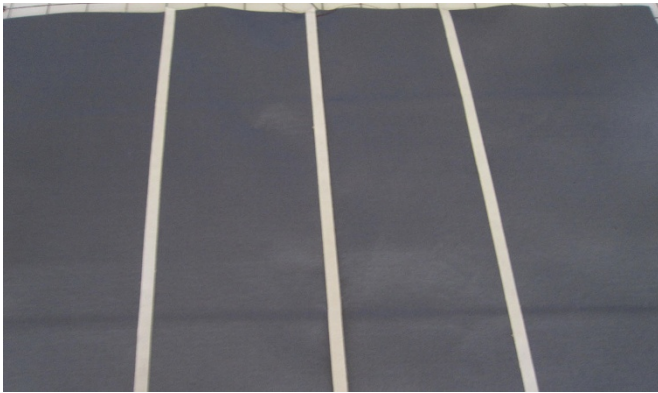
- BERNINA 5 Series Sewing Machine
- 2/3 yard silk charmeuse or similar fabric
- 1/2 yard contrasting silk charmeuse for vines
- 1 1/2 yards Whisper Weft fusible interfacing
- Wonder Tape
- All-purpose thread to match pillow fabric
- All-purpose thread to match vine fabric
- Seven 5/8"-diameter buttons
- 16" x 16" pillow form
- Water-soluble fabric marker
- Reverse Pattern Foot #1
- Automatic Button-hole Foot #3A
- Wide Gathering Foot #16
- Button Sew-On Foot #18
- Open Embroidery Foot #20

**Instructions - Lotus Vine Pillow****Prepare the Fabric**

- ◆ Vine fabric:
  - ◆ Cut three 5" x width of fabric strips.
- ◆ Pillow fabric:
  - ◆ Cut one 18" x 18" square for pillow front.
  - ◆ Cut two 12" x 18" rectangles for pillow back.
- ◆ Whisper Weft interfacing:
  - ◆ Cut two 18" x 18" squares for pillow front.
  - ◆ Cut two 12" x 18" rectangles for pillow back.
- ◆ Affix the Whisper Weft interfacing to the wrong side of the pillow front and back pieces according to the manufacturer's instructions. Apply a second layer of interfacing to the wrong side of the pillow front for extra stability.
- ◆ Trim pillow front to 17" x 17". Trim pillow back pieces to 11 1/2" x 17".

## Assemble the Pillow Front

- ◆ Press under 1½" along one long edge of each pillow back piece. The resulting pieces will measure 10" x 17".
- ◆ Mark a line down the center of the pillow. Mark additional lines 3½" to the right and left of the center line.
- ◆ Apply Wonder Tape to the marked lines and



remove the backing paper.

- ◆ Fold one vine strip in half, right sides together, along the long edge. Stitch ½" seam using Re-



verse Pattern Foot #1. Turn the strip right side out and press so the seam falls in the center of the strip. Repeat for remaining strips.

- ◆ Attach Wide Gathering Foot #16 to the machine and set the stitch length at 5mm. Center the vine strip under the foot and stitch. Stitch a second time along the same line to achieve extra gathering. Repeat for the remaining vine strips.
- ◆ Center one vine strip over one of the rows of Wonder Tape on the pillow front. Stitch down using Open Embroidery Foot #20 and a stitch length of 2.5mm. Repeat for remaining strips.

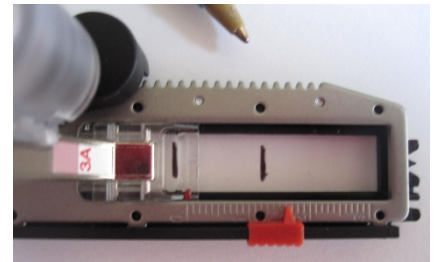


## Complete the Pillow

- ◆ Make seven buttonhole placement marks along the folded hem on one of the pillow back pieces as follows:
  - ◇ Make the first mark in the center of the folded edge.

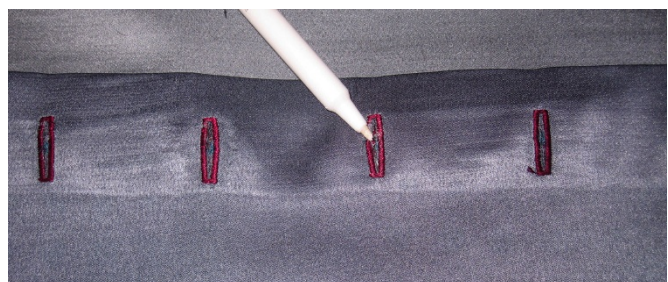


- ◇ Space the remaining buttonholes 2" apart.
- ◇ Sew buttonholes using Automatic Buttonhole Foot #3A,



- referring to your instruction manual for details on stitching buttonholes.
- ◇ Cut buttonholes open.

- ◆ Lap the pillow back piece with the buttonholes over the remaining pillow back piece so they form a 17" x 17" square.



- ♦ Make button placement marks by inserting the water-soluble marker into each button-hole and marking on the fabric.

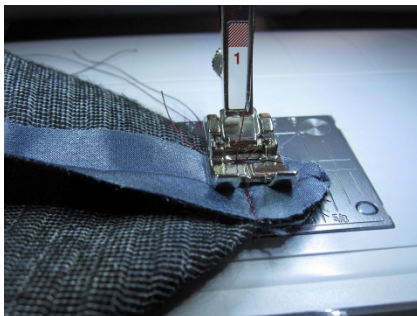


- ♦ Sew buttons on using Button Sew-On Foot #18.
- ♦ Button the two pillow backs together. Unbutton the three center buttons.
- ♦ Place the pillow front and back right sides together. Trim as needed so they are the same size. Pin.

- ♦ Sew the side seams using a 1/2" seam allowance and Reverse Pattern Foot #1. Repeat for the upper and lower pillow seams.



- ♦ Clip the corners.
- ♦ To box the corners, finger press the seams open in each corner. Bring the seams together in each corner and stitch across about 5/8" away from the end point.
- ♦ Turn pillow cover right side out. Unbutton, insert pillow form, and re-button.



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## Supplies - Violet Petals Pillow

- BERNINA 5 Series sewing machine
- 3/4 yard silk charmeuse or similar fabric
- 1 1/2 yards Whisper Weft fusible interfacing
- 20" invisible zipper
- One tube of June Tailor Fray Block
- Wonder Tape
- All-purpose thread to match pillow fabric
- 12" x 16" pillow form
- Chalk or water-soluble fabric marker
- Large soup bowl
- Cardboard for 2"-diameter circle template
- Reverse Pattern Foot #1
- Invisible Zipper Foot #35



## Instructions - Violet Petals Pillow

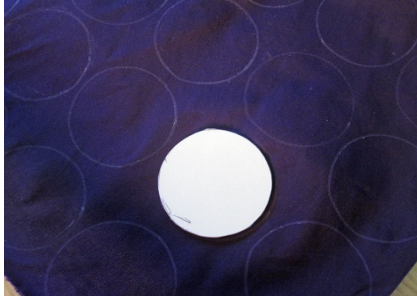
### Prepare the Fabric

- Pillow fabric:
  - ♦ Cut two 16" x 21" pieces for front and back.
  - ♦ Cut one 9" x width of fabric strip for petals.
- Whisper Weft interfacing:
  - ♦ Cut three 16" x 21" rectangles.
- ♦ Pour the entire contents of the tube of Fray Block into the soup bowl. Scrunch the 9" strip of silk in the bowl, lightly agitating and repositioning it until it is totally saturated.



- ♦ Shake out excess Fray Block, smooth out the wrinkles, and hang to dry for 15-20 minutes.
- ♦ Press strip to remove wrinkles.

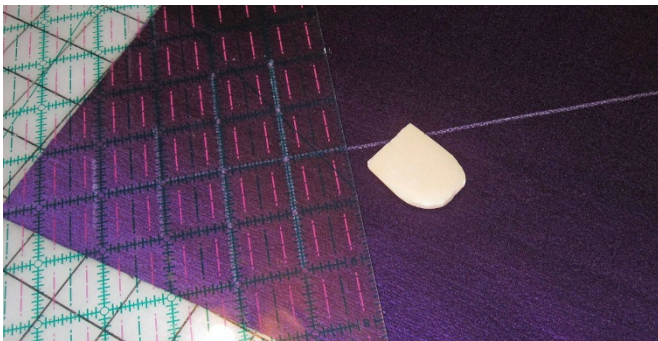
- ◆ Cut a 2"-diameter cardboard circle for a template. Trace 54-60 circles on the prepared fabric strip; cut out the circles.



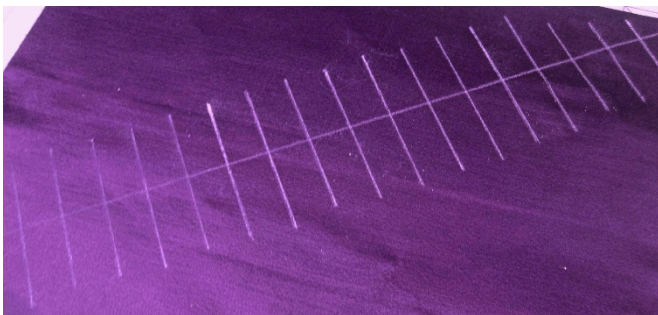
- ◆ Affix the Whisper Weft interfacing to the wrong side of the pillow front and back pieces according to the manufacturer's instructions. Apply a second layer of interfacing to the wrong side of the pillow front for extra stability.
- ◆ Trim the pillow front and back to 13" x 17".

### Assemble the Pillow Front

- ◆ On the right side of the pillow front, draw a diagonal line from corner to corner.



- ◆ Mark 4"-long lines, 1" apart, perpendicular to the diagonal line. Begin 2" from one corner and end 2" from the opposite corner.



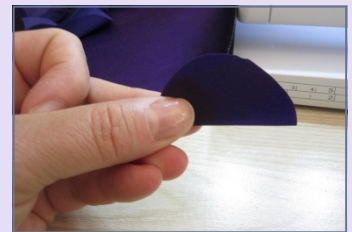
- ◆ Starting in one of the corners, on the first placement line, sew one petal in place following the Petal Detail Instructions.
- ◆ On the second placement line, make two marks 1" apart. These marks should be offset from the first petal. Sew two petals on this placement line.

- ◆ On the third placement line, make three spacing marks 1" apart. Again, offset these marks from those in the previous row. Sew three petals on this placement line.
- ◆ Continue across the pillow, rotating four petals and then three petals on the remaining placement line until the last three rows of placement lines. Sew three petals, two petals, and one petal respectively on the last three lines.

### Petal Detail

#### Instructions

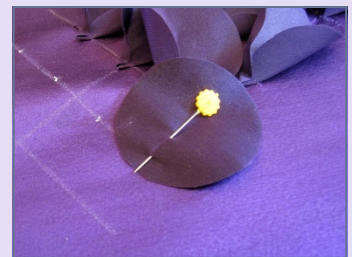
- ◆ Fold a circle in half and finger-press one end.



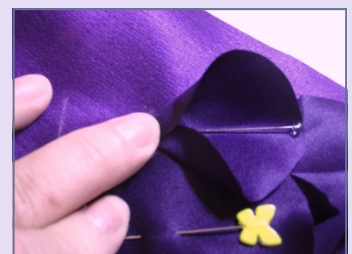
- ◆ Align the fold on a spacing mark, 1/4" below the placement line.



- ◆ Reopen the circle and pin in place.



- ◆ Fold in each side of the circle to form a point as shown.



- ◆ Stitch across the point using a straight stitch and Reverse Pattern Foot #1.

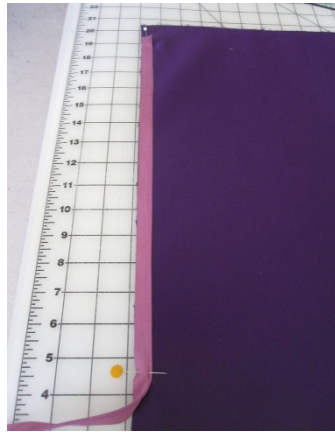


## Complete the Pillow

- ◆ Place a strip of Wonder Tape on the right side of the pillow back along one long edge, 2" from each end.



- ◆ Open the zipper and remove the paper from the Wonder Tape. Place the zipper top end right side down onto the Wonder Tape, aligning the raw edge of the zipper tape with the edge of the fabric. The zipper is longer than needed and will be trimmed later.



- ◆ Stitch the invisible zipper in place using Invisible Zipper Foot #35. Refer to the instructions included with the foot, *Feetures, Volume 3*, or [www.berninausa.com](http://www.berninausa.com) > Classes > Accessory Classes > Presser Feet Videos for detailed instructions on using this foot.



- ◆ Repeat to install the second half of the zipper on one edge of the pillow front.



- ◆ Close the zipper. Shorten the end by cutting about 1/2" below the stop point and zigzag-stitching

- over the coils to create a new "stop."
- ◆ To complete the zipper seam, bring the fabric



right sides together. Using Reverse Pattern Foot #1, sew using a 1/2" seam allowance on the unsewn 2" ends. Press seam allowances open.

- ◆ Sew both side seams using a 1/2" seam allowance. *Be careful not to catch the petals in the stitching!*



- ◆ Reach into the pillow cover and open the zipper partway, then stitch the bottom seam.



- ◆ Clip the corners.

- ◆ Turn the cover right side out and insert the pillow form.

## Supplies - Carnation Spiral Pillow

- BERNINA 5 Series sewing machine
- 1¼ yard silk charmeuse or similar fabric
- 1½ yards Whisper Weft fusible interfacing
- 20" invisible zipper
- One tube of June Tailor Fray Block
- Wonder Tape
- Spray starch
- All-purpose thread to match pillow fabric
- 12" x 16" pillow form
- Chalk or water-soluble fabric marker
- 10"-diameter dinner plate or cardboard template
- Reverse Pattern Foot #1
- Invisible Zipper Foot #35
- Patchwork Foot #37



## Instructions - Carnation Spiral Pillow

### Prepare the Fabric

- Pillow fabric:
  - ◊ Cut two 16" x 21" pieces for front and back.
  - ◊ Cut one 17" x width of fabric strip for flower.
- Whisper Weft interfacing:
  - ◊ Cut three 16" x 21" rectangles.
- Affix the Whisper Weft interfacing to the wrong side of the pillow front and back pieces according to the manufacturer's instructions. Apply a second layer of interfacing to the wrong side of the pillow front for extra stability.
- Trim the pillow front and back to 13" x 17".

### Assemble the Pillow Front

- On the right side of the pillow front, mark a 10"-diameter circle where desired.



- Spray the 27"-wide strip of spiral flower fabric with four layers of spray starch.

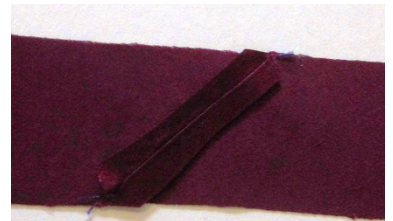
- Cut the spiral fabric into 1½" bias strips.



- Join the strips together by placing the ends perpendicular to one another, right sides together. Stitch across diagonally.



- Press seam allowances open and trim to ¼".

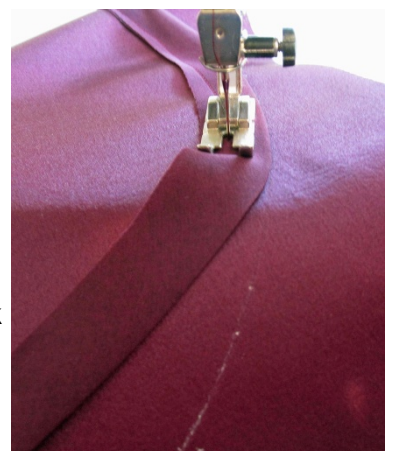


- Fold the long bias strip in half, wrong sides together; press.



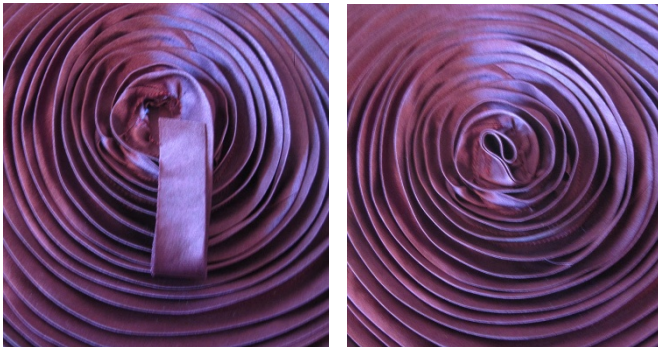
- To form the spiral flower you will sew from the outer edge to the center:

- ◊ Place the folded edge of the bias strip along the inside of the 10" circle. Stitch close to the inside raw edge of the strip using Patchwork Foot #37.



- ◊ When you reach the starting point, offset the strip so the folded side falls in about the middle of the previous strip. Continue stitching around and around until you begin to have difficulty sewing.

- ◊ Trim the remaining strip to 4" long. Fold the strip toward the center to form the center petal; pin in place. Stitch in place.



### Complete the Pillow

- ◊ Place a strip of Wonder Tape on the right side of the pillow back along one long edge, 2" from each end.



- ◊ Open the zipper and remove the paper from the Wonder Tape. Place the zipper top end right side down onto the Wonder Tape, aligning the raw edge of the zipper tape with the edge of the fabric. The zipper is longer than needed and will be trimmed later.



- ◊ Stitch the invisible zipper in place using Invisible Zipper Foot #35. Refer to the directions included with the foot, *Features, Volume 3*, or [www.berninausa.com](http://www.berninausa.com) > Classes > Accessory Classes > Presser Feet Videos for detailed



instructions on using this foot.

- ◊ Repeat to install the second half of the zipper on one edge of the pillow front.

- ◊ Close the zipper. Shorten the end by cutting about 1/2" below the stop point and zigzag-stitching over the coils to create a new "stop."



- ◊ To complete the zipper seam, bring the fabric right sides together. Using Reverse Pattern Foot #1, sew using a 1/2" seam allowance on the unsewn 2" ends. Press seam allowances open.
- ◊ Sew both side seams using a 1/2" seam allowance. *Be careful not to catch the spiral in the stitching!*

- ◊ Reach into the pillow cover and open the zipper partway, then stitch the bottom seam.

- ◊ Clip the corners.

- ◊ Turn cover right side out; insert the pillow form.

