

Just
SEW it!

Go Modern! Table Setting

Created by Susan Beck

Update the look of your table with a modern-style quilted placemat and coordinating napkin. The grey and yellow color scheme works for any time of year and with a wide range of dishes and flatware.



Supplies

Machine & Accessories

- BERNINA 3 Series or 5 Series machine
- Walking Foot #50
- Buttonhole Foot #3
- Open Embroidery Foot #20/20C/20D

Fabric & Notions (for one placemat)

- Placemat Front:
 - 1 fat quarter solid fabric
 - 1 strip print fabric, 2½" x 30"
- Placemat Back and Binding:
 - 1 fat quarter coordinating fabric
- Napkin:
 - 1 fat quarter coordinating fabric
- Soft & Stable Project Pack (four 13½" x 18½" pieces
 - see right)
- Cotton or polyester thread for quilting and napkin edge
- Temporary Spray Adhesive

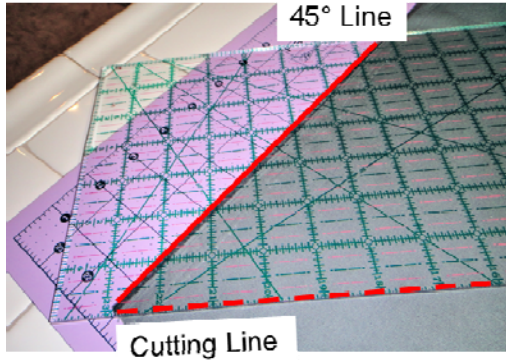


A soft, thin, lightweight material, Soft and Stable is part batting, part stabilizer, and part interfacing. It adds body and structure, giving projects a professional look.

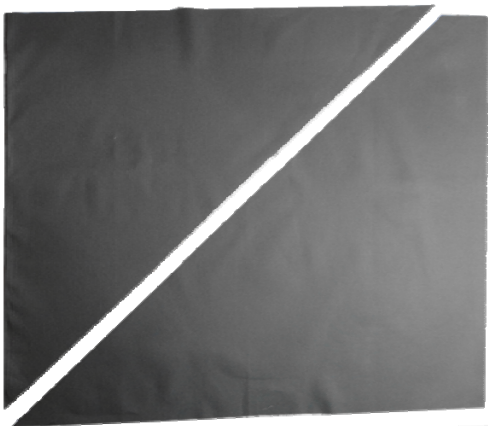
Cutting and Piecing

Cut fat quarter on the diagonal

Align the 45° line on the ruler with the edge of the fabric.



Slice the fat quarter into two unequal pieces



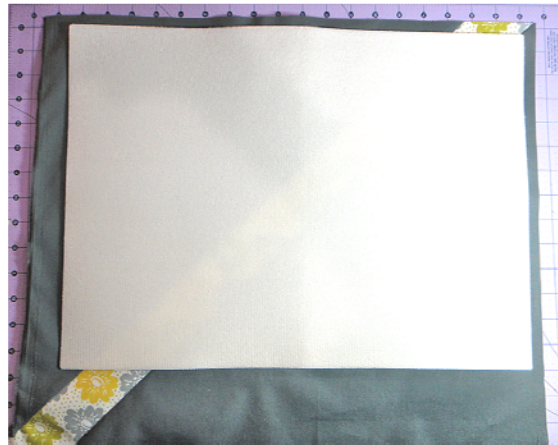
Cut a 2½" x 30" strip from print fabric, cutting across the width of the fabric.

Place the strip right sides together with one diagonal cut edge of the fat quarter. Using Patchwork Foot with Guide #57, stitch the strip to the fat quarter. Repeat with the other side of the strip and the remain piece of the fat quarter. Press the seams to the grey fabric.

Patchwork Foot with Guide #57



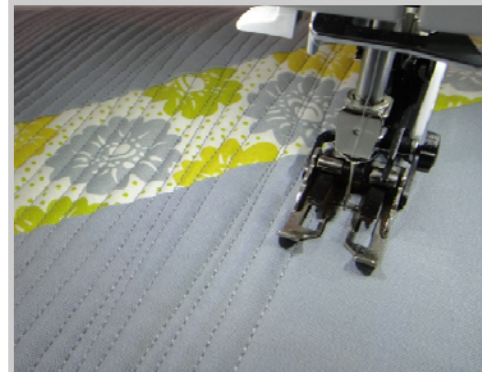
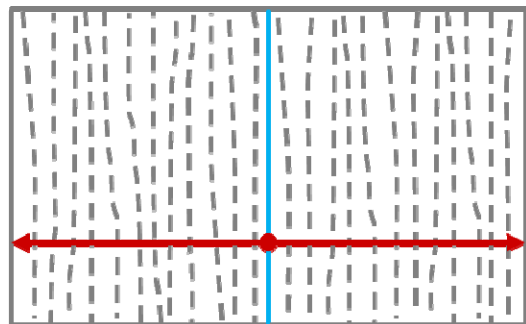
Position the Soft & Stable piece (18" x 13½") on top of the pieced fabric. Trim around the edges, leaving about ½" extending beyond the edges.



Quilting

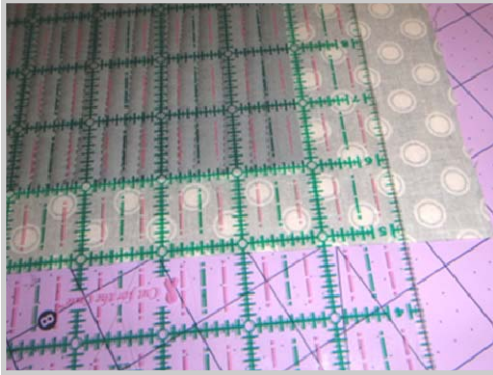
Center the Soft & Stable on the wrong side of the pieced fabric and use temporary spray adhesive to hold it in place.

Attach Walking Foot #50 with the open sole to the machine. Starting in the center of the quilt, stitch vertical lines, working to the outside edge. Use the edge of the presser foot for spacing or space randomly as you sew.



Backing

Place the backing fat quarter wrong side up. Spray the back of the quilted piece (on the batting) with temporary spray adhesive and smooth it onto the backing, approximately in the center.



Trim backing, leaving 1" extending beyond each edge.

Binding

Fold The binding 1/2" to the front (raw edge will meet the raw edge of the quilted placemat) and press. Fold the edges in again, wrapping them around the placemat; press.



Fold one edge in twice and open one edge as shown.



Fold corner down to form a 45° angle as shown.



Fold upper edge down once.



Fold upper edge down a second time.

Stitch the binding in place using Open Embroidery Foot #20/20C/20D Running Stitch (W=5-6mm and L= 1.5-2mm)



Coordinating Napkin



Cut an 18" square of fabric and round the corners.

Select Zigzag Stitch with a Width of 4mm & Length of 1mm. Adjust the Needle Position to far right.

Attach Buttonhole Foot #3; position the edge of the fabric between the center and right toes.

Stitch along all edges; the raw edge will roll as it is being sewn.



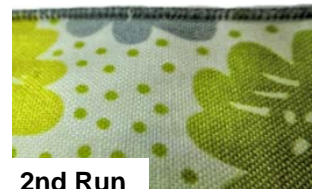
Adjust stitch to a satin stitch with Width of 3mm & Length of 0.5mm. Adjust Needle Position to center.

Attach Clear Embroidery #23; position the edge of the fabric in the groove.

Stitch along all edges, covering the first stitching.



1st Run



2nd Run