

BERNINA
Stitch Regulator



THROUGH THE NEEDLE LIVE!

Blooming Bags

Written by:

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Longarm and Quilting Specialist*

made to create **BERNINA**

Tools for Success

FABRIC & NOTIONS

- 3/8 yd Outer Fabric
- 3/4 yd Fusible Woven Interfacing
- 3/8 Lining
- 3/8 yd polyester needle punch batting
- 12" Nylon or Plastic Zipper or Longer
- Lite Steam a Seam 2
- 9" square of OESD Ultra Clean and Tear Stabilizer
- Fabrics for Flower (Cotton, Wool, Silk)
- 80 Universal Machine Needle for Construction
- 90 Quilting Needle for Embellishment and Quilting
- Spray Basting Spray
- Marking Pencil
- Ruler

THREADS

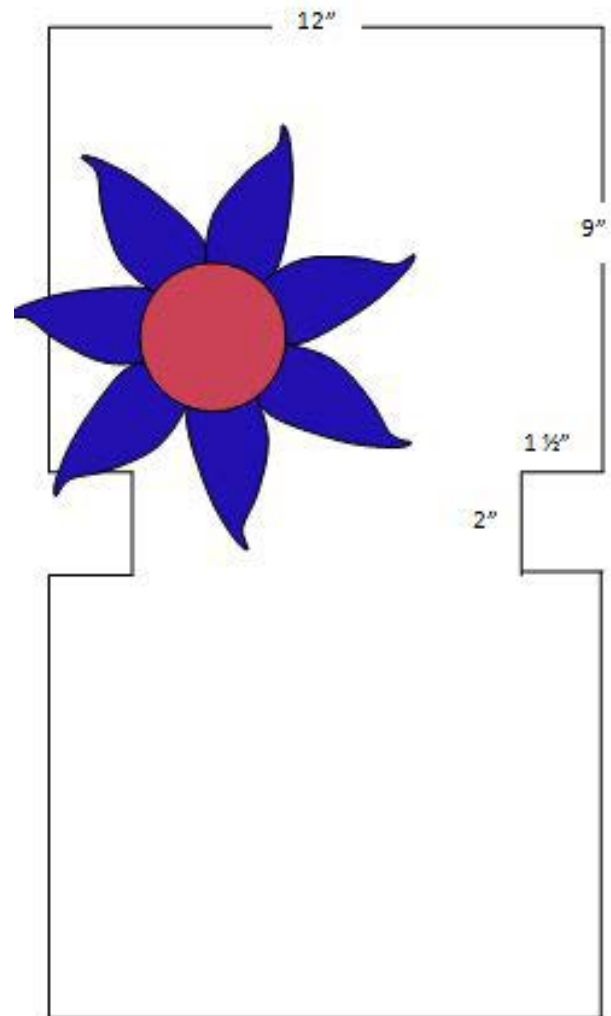
- Threads to match appliqués (Embroidery Threads, Variegated Threads)
- 60 Weight Bobbin thread
- Threads for Background Quilting

BERNINA PRESSER FEET

- BERNINA Stitch Regulator
- Zipper Foot #4/#4D
- Reverse Pattern Foot with Clear Sole #34/#34D

FABRIC AND MACHINE PREPARATION

- Cut 1 piece of the Outer fabric, Fusible Woven Interfacing, Lining and batting 21" long X 13" wide.
- Cut 2 pieces of Fabric (may be outer fabric or lining fabric for contrast) 2 1/4" X Width of Zipper
- Cut 1 pieces from your Flower Fabrics 1/2" X 12" to add dimension to the center.
- Fuse the Woven Interfacing to the back side of the Outer Fabric.
- Referring to the diagram on the right, draw pattern on the outer fabric following the measurements given.
- Trace flower petals and flower center (see page 6) onto the Lite Steam a Seam 2. There is no need to reverse the patterns as that has been done for you. Fuse to the back side of the fabrics of your choice and cut out.
- Create the flower by placing the petals around the center circle. Offset the flower so that a portion of it will be off the side and bottom of the bag. (See diagram for placement). Remove the center circle before fusing the petals in place.
- Place the Outer fabric with the appliquéd flower on top of the batting. **Lightly** spray baste together.
- **Lightly** spray baste the 9" square of Ultra Clean & Tear away stabilizer under the flower area.



Project Instructions

APPLIQUÉ THE FLOWER



- Using the BERNINA Stitch Regulator and the Open Toe Sole, select the zig zag stitch. Select a desired width and length and stitch around flower petals. Continue to turn your work so the zig zag is filling in around the edge of the petals.
- Be as "Artsy" as you dare creating jagged edges on the flower petals.



- When the petals are finished, switch to the straight stitch in the BERNINA Stitch Regulator. Stitch a curly-que shape in each petal.



- Fuse center circle in place. Applique the edges with the zig zag stitch.
- Stitch a swirl design in the center of the circle with the straight stitch.



- Stitch down your piece of 1-1/2" X 12" flower fabric around the edge of the circle to create a dimensional aspect to your flower.



Project Instructions (continued)

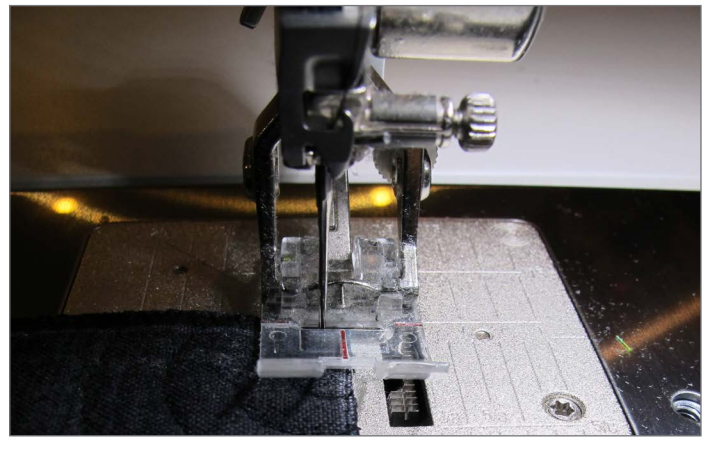


- Change the sole on the BERNINA stitch regulator to the Clear Sole. Using the lines on the foot, echo quilt the flower. The remainder of the bag may be quilted as desired. More echoing, all over meandering or a favorite quilting design.

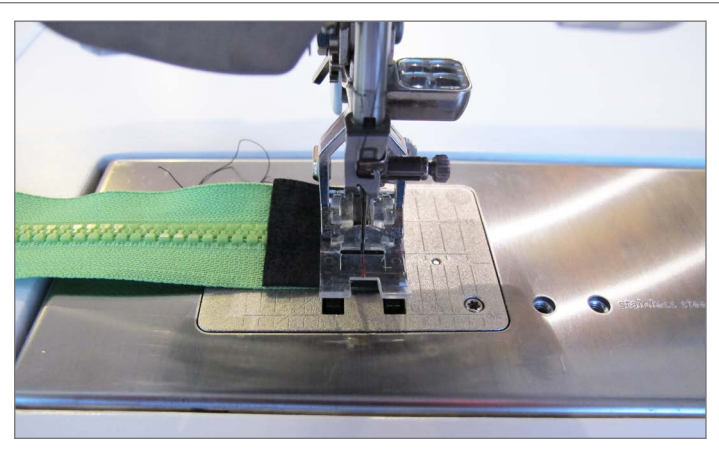
BAG CONSTRUCTION



- Using Reverse Pattern Foot with Clear Sole #34/#34C/#34D stitch on the marked line all the way around the bag. Cut out the bag VERY close to the stitched line.

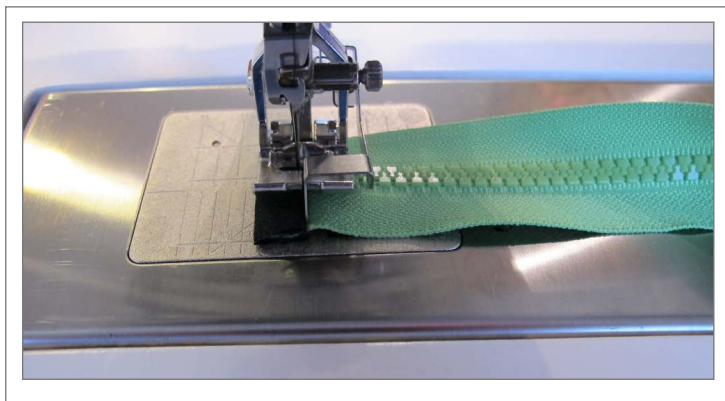


- Select zig zag stitch #2. Guide the cut edge of the bag along the center line of the foot so that the zig zag stitch will fall off the edge of the fabric.

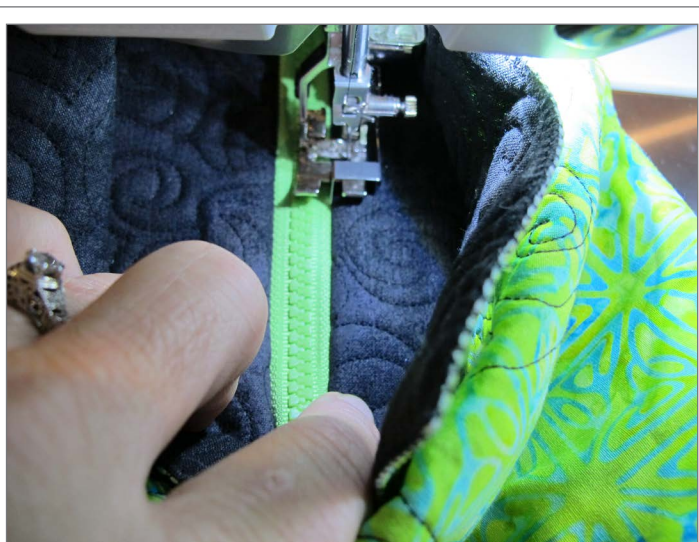


- Measure and mark the zipper so that it is 10 $\frac{3}{4}$ " long. Making sure not to cut off the zipper tab stitch across the zipper at both markings, holding the zipper tape together at the tab end. Cut the zipper just below the stitching.
- Cut a piece of bag fabric 2 $\frac{1}{2}$ " by the width of the zipper. Fold the fabric in half so raw edges are even.
- Using the edge of the Clear #34/#34C/#34D foot, seam the raw edges to the ends of the zipper.

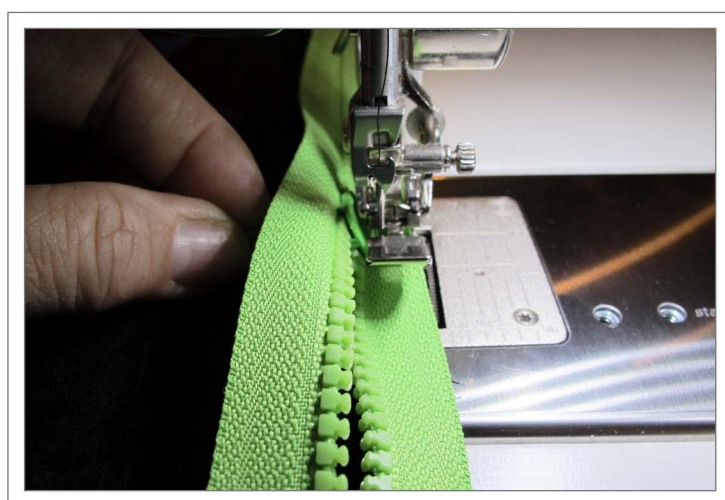
Project Instructions (continued)



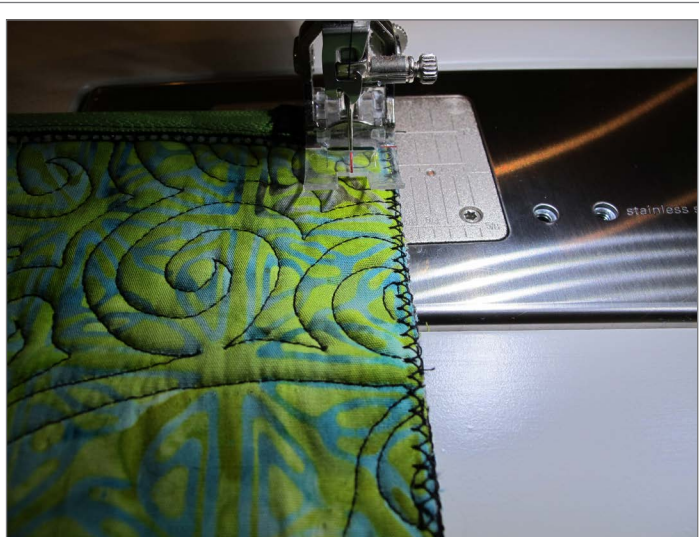
- Attach Edge Stitch Foot #10/#10C/#10D. Fold the fabric over the seam so folded edge covers seam on back of zipper. Sew in place aligning the blade with the edge of the fabric. Move the needle position to topstitch the fabric in place.



- Attach Edge Stitch Foot #10/#10C/#10D. Place the guide on the foot in the ditch of the zipper seam. Move the needle far right (5). Stitch holding the zipper tape and fabric open.



- Attach Zipper Foot #4/#4D. Move the needle 3 positions (-3) to the left. Center the zipper on the top edges of the bag. Seam each side, right sides together, with the zipper tape and the edge of the fabric even with the edge of the zipper foot. Repeat for the other side.



- Before going to the next step, be sure to partially unzip the zipper. Attach Clear Foot #34D. Using the edge of the foot, sew the side seams of the bag. Finger press the side seams open. Fold so that the bottom edge of the side seams matches the edge of the bag bottom. Seam with a 3/8" seam. Repeat for other side.
- Turn bag right side out. A decorative zipper pull may be added.

