

Challenge 3 – Reverse Applique

Reverse applique is very similar to regular applique with the difference that with reverse applique the applique fabric is placed behind the actual cut out design; revealing the fun choice of fabric from underneath the beautiful design. Creating reverse applique involves hooping the desired applique fabric under the garment or article and then trimming the garment or article for the applique fabric to show through.

What fabric to use for Reverse Applique?

You can use any fabric compatible with the main fabric as the applique pieces. Contrasting texture, colour etc. as preferred.



Exercise – Block 3

Let's get started and create the third block with the reverse applique method.

Create a Reverse Applique Flower and Leaf

Take applique to the next level with reverse applique embroidery. Reverse Applique gives a layered look to your project. There are always at least two layers of fabric and the techniques of reverse applique allow the fabric on the bottom to show through the top layers. Hence, it is the reverse of regular applique, which adds layers on top of each other.

By using this technique, it is a fun way to create dimension and colour.

Watch this informative video on [How to Reverse Applique](#)



Artwork

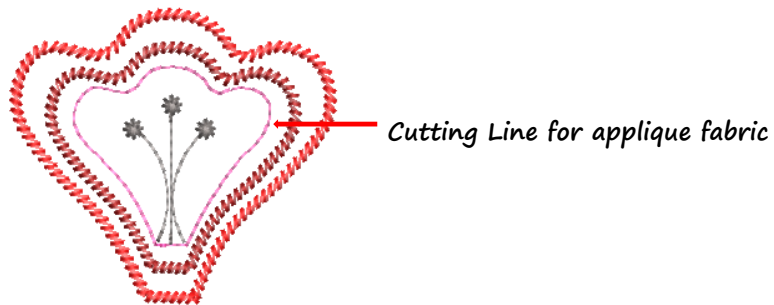


Create the Flower

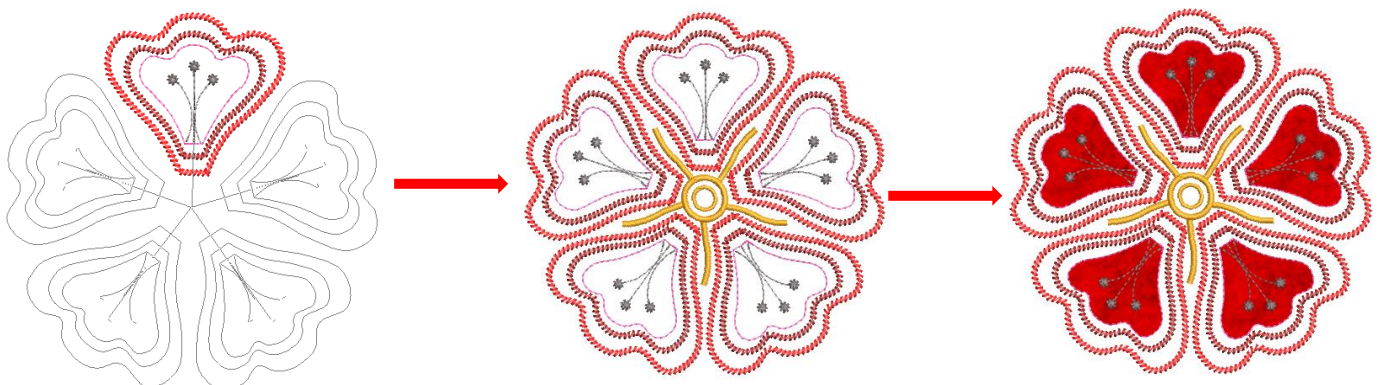
For this exercise the following was used:

- **Artwork to Use** - Provided Artwork/Own
- **Digitise tools to use** - Open/Closed Object, Applique Tools
- **Mirror/Merge Toolbox** - Wreath Tool
- **Stitches to use** - Satin outline, triple outline, back stitch, stem stitch or fancy outline

- Insert Artwork
- Select **Closed Object** tool
- Digitize one petal. Plan where you would like to cut the fabric to reveal the applique fabric.

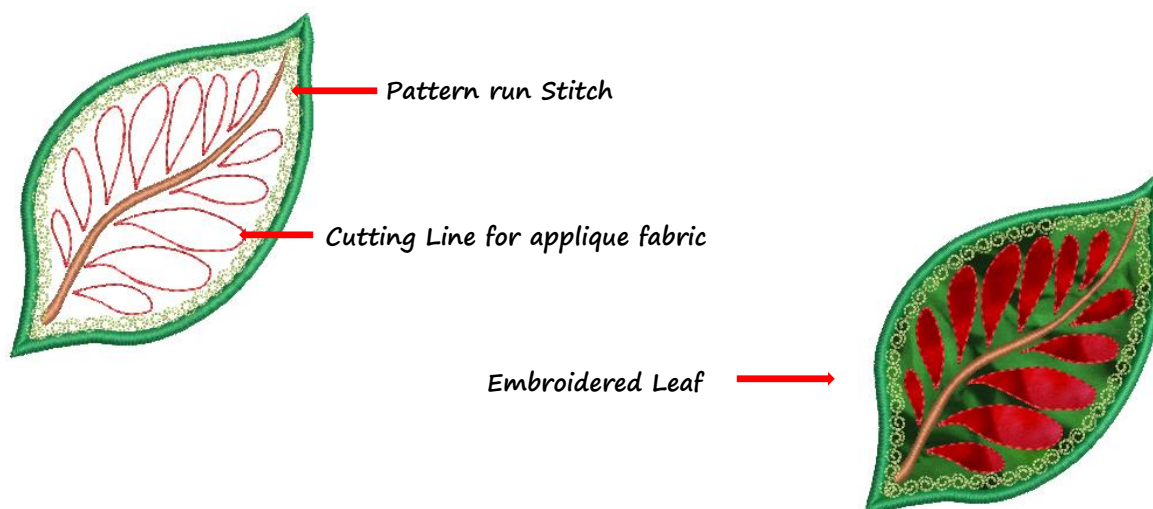


- Open **Mirror/Merge** toolbox
- Select the object to copy and select **Wreath**
- Select the number of copies required
- Finalize the design



Create the Leaf

Digitize the leaf in the same manner as the flower. Plan where you would like to see the applique fabric to show. To add character to the leaf you can make use of the pattern run stitches.



TIP: If you would like to see what your design will look like with applique fabric do the following:

Change the cut out part to applique. In the Applique properties box change the cover stitch to a single outline. Delete the placement and tack down stitch.

Apply the fabric.

Sequencing the Design

Remember! For an efficient stitch out of your design, design sequencing is very important.

Watch this informative video on [Color Film Sequencing](#)

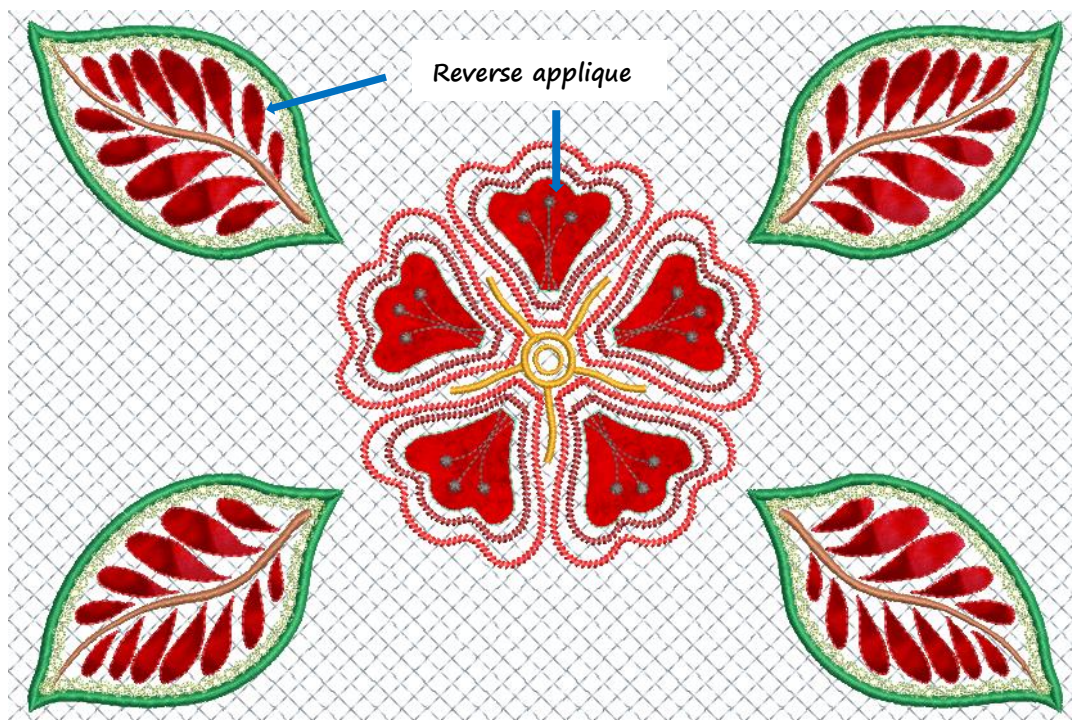
Watch this informative video on [Color Film Sequence by Selects](#)

Stitching out the Design

- a. Hoop the fabric and stabilizer together, making sure there are no wrinkles.
- b. Attach the hoop to the machine. Start to embroider the design. The details will embroider first, depending on how the design was digitized.
- c. Then the applique cut line will embroider. (As this is a different color, the machine will stop)

- d. After the cut lines have been sewn, remove the hoop but **do not** un-hoop the fabric.
- e. Carefully cut out the opening by cutting along the inner cut line using a sharp pointed scissors. Make sure you cut through both the fabric and stabilizer.
- f. Make sure to remove all the thread from the inner cut line stitching, so that they don't show on your final product.
- g. Next, tape the applique fabric to the back of the hooped fabric behind the embroidery, covering the cutouts and making sure the right side of the fabric is facing down, so that it will be visible on the embroidered side.
- h. Attach hoop back onto the machine and continue embroidery.
- i. Once the embroidery is finished, carefully remove the tape from the back and neaten the design.

Example of completed Block 3



Did you Know ?

- ◆ There are two levels of BERNINA Version 9 Software – **DesignerPlus and Creator.**



BERNINA Embroidery Software 9
DesignerPlus - Full Version



BERNINA Embroidery Software 9
Creator

[Informative Video – Levels of BERNINA Software 9](#)

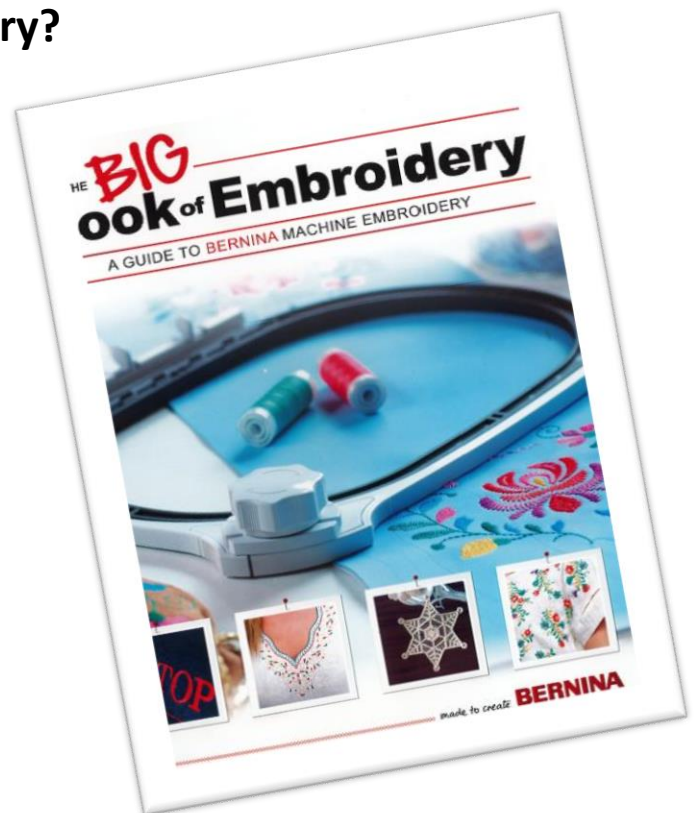
[Download the V9 Free 30 day Trial here](#)

Want to improve your Embroidery?

Everything you need to know about Embroidery is in this BIG BOOK of EMBROIDERY.

Contact beryl@berninasa.com for more information.

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Next up will be – Decorative Outlines