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Blooming Wallhanging



Hats Off to the Goodwill



Candy Cane Mug Rugs



Wardrobe in a Weekend

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10 It's beginning to look a lot like Christmas! Refresh your basic digitizing skills with this simple BERNINA Embroidery Software 6 exercise, then embroider and construct the coasters completely on your embroidery machine.

Blooming Wallhanging

14 This whimsical quilt features BERNINA's Exclusive Birds & Blooms Embroidery Collection #82002. Bonus artwork combines with embroidery for a multi-dimensional effect, while large pattern-filled letters complete the quilt with the name of a special child.

Wardrobe in a Weekend

18 Be honest. Don't you secretly enjoy playing with dolls? More specifically, playing with doll clothes? Such small garments can be tricky to stitch, especially all those tiny seams and hems, but Jo Leichte shows how simple serging — plus the help of Edgestitch Foot #10 and your sewing machine — reduces several tedious techniques to simple ones.

The Last Word

21 Valuable coupons, a list of quick links, and a sneak peek inside the next issue of Through the Needle ONLINE.

did you know?

There are clickable links throughout this magazine!

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Birds and Blooms
Collection 82002
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Needle Notes

Where did the year go? Summer flew by, school is well underway, and suddenly the holidays are nearly upon us! If you're like me, every year you resolve to start your holiday sewing early and make a new holiday outfit, create gifts for family and friends, and spruce up your home with festive table runners and pillows... and promptly get busy with other projects. Let this issue of *Through the Needle ONLINE* be a reminder of the approaching winter holidays, while presenting several stitched gift options.

Karen Donnelly's monogrammed silk patchwork table toppers were created for her daughter's wedding reception, but would be equally lovely as holiday décor. The swirling monogram in the center square is easy to digitize, and her assembly-line process makes construction easy. Don't have software or an embroidery machine? Substitute your favorite embellishment technique, such as applique, couched cords, or decorative stitching.

Thrifty stitchers will love Jen Kreta's upcycled wool hat embellished with needle felting and freemotion couching. Inspired by a Software Sampler webinar, this project can also be made on a regular sewing machine. And for your 18"-tall doll friends, Jo Leichte shows how to streamline stitching small garments from cast off clothing using a serger and her favorite sewing machine accessory, Edgestitch Foot #10.

BERNINA's exclusive Bird & Bloom embroidery collection is featured in Linda Wenturine's whimsical quilt. Recreate this charming wall-hanging in shades of pink for a girl or pastel blues for a boy. Claudia Dinnell's Candy Cane Coasters are easy to digitize and made entirely on the embroidery machine. For those wishing to skip the digitizing lesson, the embroidery design is available as a free download at the BERNINA USA website.

Holiday sewing can be a bear if your materials won't behave properly. Tame uncooperative "sticky" fabric using specially coated presser feet, such as Non-Stick Open Embroidery Foot #56 and Susan Beck's tips for lapped seams and precise edgestitching.

Have a happy holiday season, and watch for the next issue of *Through the Needle ONLINE* in January 2013. Along with the slight schedule change, you'll find expanded copy including more links to valuable information, educational videos, and exciting new projects.

Happy Sewing!

Jo Leichte
Jo Leichte
Editor



we all SEW

Trick-or-Treat Bags

Project by Stacy Schlyer

Send your little one off to celebrate Halloween in style with these easy-to-sew, fun-to-make Trick-or-Treat bags. Spook them up with seasonal embroidery and use glow-in-the-dark embroidery thread for maximum effect. Need something a bit smaller for a party favor or gift bag? Then stitch up a cute mini version!

quilting PROJECT

Wreathed Monogram Table Topper

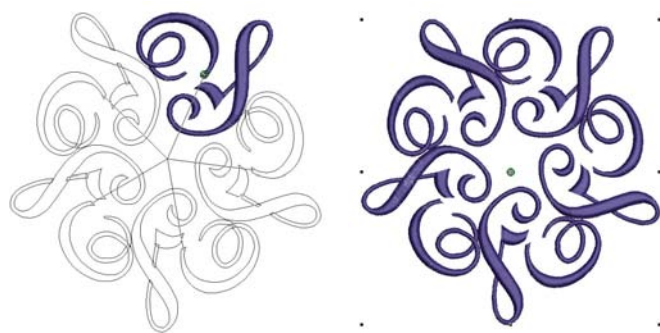
by KAREN DONNELLY

I made these toppers for my daughter's wedding reception using a collection of 16 silk dupioni fat quarters in shades of green. Can you find the wedding couple's monogram? Look closely and you'll see five Y's in the center block. This wreathed monogram was so easy to create with BERNINA Embroidery Software 6!

Digitize and Stitch the Wreathed Monogram Block

To start, right click on the Alphabet tool to open the Lettering dialog box, then select the letter and an alphabet that appeals to you. For my daughter's monogram I selected Y and the Erika alphabet. Then I clicked OK and left-clicked on the screen to place the letter.

With the letter selected, I clicked on the Wreath tool and selected 5 for the number of repeats. I placed the designs so they were barely touching, and then clicked on the screen to set the stitches.



That's all there is to making your own wreathed monogram!

I stitched the wreathed design on off-white silk dupioni using green Isacord embroidery thread, then trimmed the blocks to 7½" square.

Tip: To see how your wreathed monogram will look when stitched on your fabric, select Settings > Fabric Display, select Fabrics, and click Browse. Select one of the fabric choices included with the software (or scan in fabric of your own) and click Open; the fabric appears on the workspace. Select your design, then select a thread color from the menu in the Stitch and Color Bar at the bottom of the screen.



Construct the Octagonal Patchwork Block

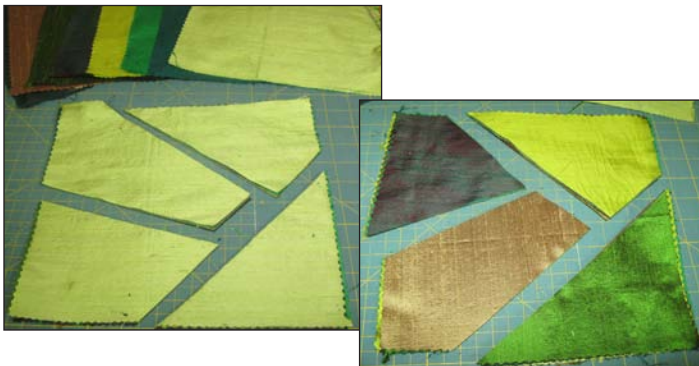
Note: Each silk dupioni gift box contains sixteen fat quarters, enough fabric to construct the patchwork blocks for approximately eight octagonal toppers.

I used Karla Alexander’s technique from her “Stack the Deck” series for cutting and shuffling the decks to form the blocks for the topper.

I began by dividing the silks into two stacks of eight fat quarters. From one stack I cut four decks of 9” squares; from the other I cut 7” x 18” strips.

Squares

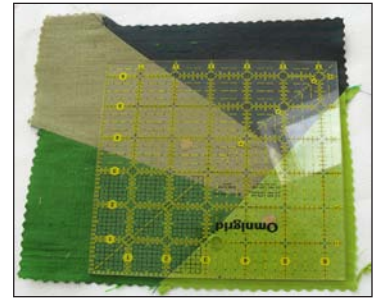
I cut each square deck into four randomly-shaped pieces. Each time I worked with a new deck – there were four – I cut them differently to vary the look of the finished blocks.



To shuffle the deck I took one piece from the top of the first pile and put it on the bottom. I took two from the top of the second pile and moved them to the bottom of that pile. I repeated this for the remaining stacks, moving three in the third, four in the fourth, and so on, always keeping them in order on the bottom of each pile.

I used flat head pins, numbered 1-8 with permanent marker, to keep the layers of each pile in order as I worked through the blocks, stitching the pieces back together.

After assembling the blocks, I started trimming them to 6½” square. But, as you can see from the photo, this cut away quite a bit of the silk block, so I began trimming them to 7½” squares to make the most of the silk fabric. (You may find you can cut them even larger for your own projects.)



Quarter-Square Triangles

I cut the 7”-wide strips into five pieces, then shuffled them as I did for the squares.

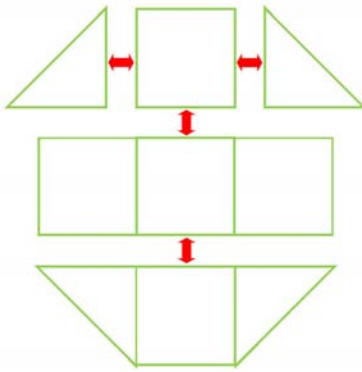


After stitching the pieces together, I cut quarter-square triangles from the reassembled strips using my “Cut for the Cure” Quarter Square Triangle Ruler.



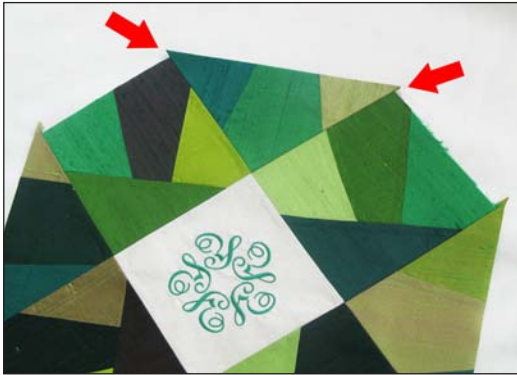
Tip: When I began using 7½” squares instead of 6½” squares, I eliminated the borders around the pieced octagon. Because I was cutting my quarter square triangles slightly larger, there wasn’t always enough fabric for the second cut. By taking leftover fabric from the left end and adding it to the right end of the strip, I had plenty of fabric for another inset triangle.





Pieced Centers

After assembling the patchwork octagons as shown in the diagram, I trimmed the triangle block seam allowances to $\frac{1}{4}$ ".



Borders

I cut strips of fabric from Michael Miller's Fairy Frost Collection for the borders; for some toppers I cut $2\frac{1}{2}$ " strips, for others I used $1\frac{1}{2}$ " strips. I stitched the strips to the pieced octagon, beginning with the sides of the square blocks, and trimmed away the excess fabric.

I then added border strips to the quarter-square triangles and trimmed away the excess fabric.



Complete the Topper

To finish the toppers, I created a "sandwich" of batting (face down), batting, and the pieced top (right side up) and basted the layers together with 505 Temporary Spray Adhesive.

After threading the machine with coordinating thread in the needle and bobbin, I used Walking Foot #50 with the center guide sole to stitch-in-the-ditch between the blocks.

I used strips of the Fairy Frost fabric to bind the outer edges of each topper.



Karen Donnelly

Karen Donnelly is a retired English teacher who now spends her time playing at Patchwork Plus Quilt Shop in Marcellus, New York – a job that allows her to share

her love of sewing with others. Whether making a quilt, a new outfit, or revamping a room with home dec projects, Karen has many reasons to be at her BERNINA sewing machine. With four kids and five grandchildren, there are always multiple projects in the works. These table toppers for her daughter's wedding will serve as favors for one of the guests at each table. With Christmas coming, Karen plans on using a red silk dupioni collection to make holiday toppers for anyone disappointed by not receiving one as a wedding reception giveaway.

<http://www.patchworkplusquiltshop.com>



partner links

- <http://thebobbincase.net>
- <http://www.onceuponaquilt.com>
- <http://sayitwithstitches.net/blog/>
- <http://whatsnewatthequiltshop.blogspot.com/>
- <http://sewvacltd.com/index.php>
- <http://www.sandisewingconnection.com>
- <http://www.thepresserfoot.com>
- <http://www.seworiginal.org/>
- <https://www.shiisaquilts.com/>
- <http://www.keizerbernina.com/>
- <http://www.lindastewartcouturedesigns.com>
- <http://www.quiltsonthecorner.com/>
- <http://www.fiberella.com>
- <http://www.animasquilts.com/supplylink.html>
- <http://lunchboxquilts.com/>
- <http://amandamurphydesign.blogspot.com/>
- <http://www.kathydelaney.com/>
- <http://www.kjbartz.com/>
- <http://www.kate-n-kaboodle.com/>
- http://www.nancyprince.com/Nancy_Prince_Links.html
- <http://scrap-therapy-quilts.blogspot.com/>
- <http://hummingbird-highway.com/>
- <http://www.libbylehman.us/>
- <http://www.branums.com/>
- <http://rgadesignquilts.blogspot.com>

Email lisa@berninausa.com to learn how you can be a TTNO Partner!

accessory SPOTLIGHT

by SUSAN BECK

Non-Stick Open Embroidery Foot #56

Designed for stitching on microfiber fabrics, plastics, vinyls, and leathers, this foot has a special coating on the sole portion of the foot that slides over “sticky” materials, letting them move freely under the needle. Similar to Open Embroidery Foot #20/20C/20D, this practical foot works for many everyday sewing situations, but the special coating on the sole takes away any frustration that might occur with hard-to-feed plastics and leathers.



Non-Stick Open Embroidery Foot #56 has a wide space between the toes, making the needle area easily visible as you sew. The wedge-shaped indentation on the bottom of the sole provides room for heavy decorative stitches to easily pass under the foot.

Technique Tips

Since leather, suede, vinyl, and plastics cannot be pressed, special sewing techniques are used to accommodate the stiffness and bulk of these materials. Flat and bulk-free lapped seams, along with precise topstitching, help flatten these materials and give a professional look to finished projects. Non-Stick Open Embroidery Foot #56 is well-suited for both of these techniques.

Lapped Seam

1. Trim the seam allowance from one piece of fabric, cutting along the seam line.
2. Align the newly-cut edge with the seam line of the second piece, overlapping the seam allowance, placing the trimmed piece on top.
3. Position the overlapped materials under the needle, aligning the cut edge with the inside right toe of Non-Stick Open Embroidery Foot #56.

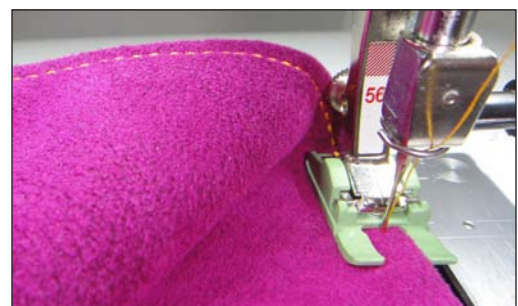
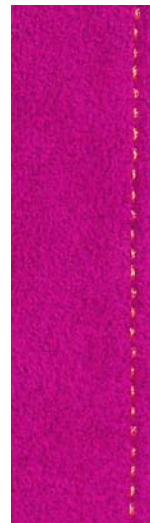


4. Adjust the needle position to the left so the needle sews along the cut edge (usually 1-2 steps from the far right position). Sew along the cut edge, the full length of the seam.
5. Adjust the needle position farther to the far left and sew a line of stitching parallel to the first, about 1/4" apart.



Precise Topstitching

1. Align the finished edge with the inner right toe of Non-Stick Open Embroidery Foot #56.
2. Select the Triple Straight Stitch, leaving the needle in the center position.
3. Sew along the edge, keeping it aligned with the inner right toe. This results in beautiful topstitching about 1/8" away from, and perfectly parallel to, the edge. *Note: The needle position can be adjusted as desired to move the topstitching closer or farther from the edge.*



upcycled PROJECT

Hats Off to the Goodwill Inn

by JENNIFER KRETA

I already had an idea in my head as I walked into the Goodwill Inn. After spending \$2.00 for a plain wool hat, I went home, gathered up some leftover fibers and yarns from my stash, and sat down to play. Soon afterward my creation was complete: a classic one-of-a-kind hat, made with my embroidery machine! (But you could make one with a regular sewing machine, too.)

First I scanned my hat into my computer and saved the image as a JPG, and then I opened the scanned hat image in the Art Canvas tab of my BERNINA DesignerPlus Embroidery Software 6. Moving to the Embroidery Canvas tab, I used the graphic as a template, tracing a line around the edges to create a placement line for the brim of the hat. For the decorative elements I created two designs, a circle and a squiggle, and arranged them over my hat template to compose a simple embellishment.

To prepare for stitching, I hooped a sheet of AquaMesh water-soluble stabilizer and stitched just the placement line on the stabilizer. I sprayed the stabilizer with 505 Temporary Fabric Adhesive and smoothed the hat brim in place inside the outline. After installing the BERNINA Needle Punch on my machine, I attached the embroidery hoop and “embroidered” the circle with wool roving, needle-punching the fibers into the hat. This added subtle color to the brim.

Next – the squiggles. I uninstalled the Needle Punch, attached Freehand Couching Foot #43 to my machine, and threaded the needle with some colorful Oliver Twists variegated thread. As I embroidered the squiggles, the foot positioned the cord under the needle and the stitches couched it in place for a colorful accent.

I’d saved some room on the side of the brim for some no-sew flowers – they’re so much fun to make! I used the Clover Flower Frill Template to create several sizes of fabric flowers from scraps of pretty fabric. (These could be made from recycled clothes if you don’t have extra fabric lying around.) I hand-stitched the flowers to the hat brim and voila! A dingy wool hat was transformed into a trendy chapeau!



Don't have an embroidery machine? You can still create your own fabulous headwear. Gather together a wool hat, roving, and pretty thread. Pull a ball of roving into a flat circle and use the BERNINA Needle Punch Accessory to felt it to the hat. Mark a line for the couched cord, and then freehand sew the cord over the line using Freehand Couching Foot #43 and decorative thread.

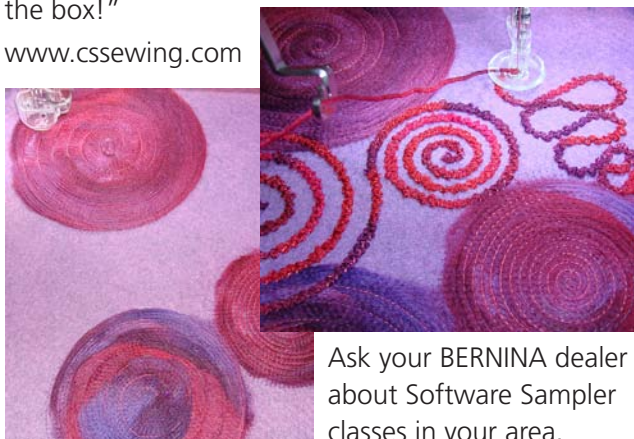


Jennifer Kreta

Jennifer Kreta and her husband Scott are the owners of CS Sewing in Traverse City, MI. The idea for an upcycled hat came to her as she was planning one of their monthly

hands-on Software Sampler classes, a BERNINA webinar program that offers education for BERNINA Embroidery Software 6. "February Software Sampler was awesome! Amanda featured the Needle Punch Attachment and added some linear accents using the Freehand Couching Foot. This hat is one of my favorites. Honestly, I don't think I would have thought to use the Needle Punch Attachment with embroidery; what a great lesson for thinking outside the box!"

www.cssewing.com



Ask your BERNINA dealer about Software Sampler classes in your area.

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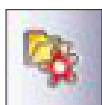
software PROJECT

Candy Cane Mag Rug

by CLAUDIA DINNELL



Version 6 Icons Used in This Lesson



Load Picture



Color Film



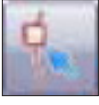
Auto Underlay



Open Object Tool



Circle/Oval Tool



Reshape Tool



Closed Object Tool



Double Run



Align Centers



Blackwork Run



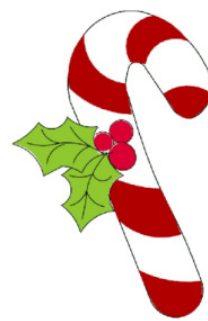
Show Individual Objects



Outline

Supplies

- BERNINA Embroidery Software 6
- Large Oval Hoop or Mega Hoop
- Wool felt
- OESD BadgeMaster heavyweight water-soluble stabilizer
- Isacord embroidery thread
- Free Candy Cane Coaster.jpg download



Digitize the Candy Cane and Coaster Circles

Coaster Placement Line

Open BERNINA Embroidery Software 6 and select the Art Canvas tab.

Click on the Load Picture icon and select the Candy Cane Coaster.jpg file (free download from bernina.com). Select Import, then press Enter on the computer keyboard; this will center the picture on the screen.

Select the Embroidery Canvas tab.

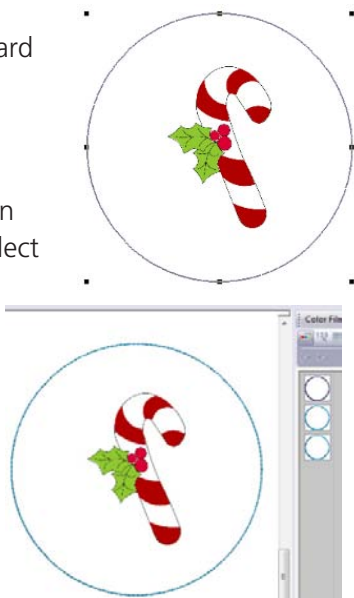
Select the Circle/Oval tool, select Outline > Single, and select Color 1 from the Color menu. Click and drag a circle shape of any size on the screen. Left click to complete the shape.

Right click on the circle to open Object Properties, then select the General tab and change the Width and Height to 115 mm (4.5"). Click OK. This is the placement line for the base of the coaster.

Coaster Tack-Down Line

Press Ctrl + A on the keyboard or Edit > Select All. Click on Align Centers to center the candy cane in the circle.

Open Color Film and click on Show Individual Objects. Select the circle and click on the Double Run icon. Change the color to Color 2 and click the Double Run icon again. You now have one Color 1 circle and two Color 2 circles. The Color 2 circles form the double run tackdown line.



It is easier to trim close to a straight line than to a zigzag one. The double run prevents the stitches from unraveling if they are accidentally cut.

Inner Circle Placement Line

Select the last circle in Show Individual Objects, click Double Run, and change the color to Color 3. Right click to open Object Properties and select the General tab. Click in the box to select Proportional Scaling and change the Width to 90 mm (3.5"); click OK. The new, smaller circle is centered in the larger one. *This is the placement line for the inner circle.*

Inner Circle Tack-Down Line

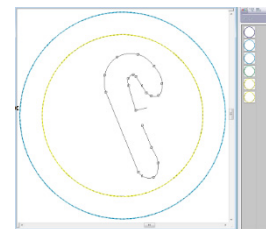
Select Show Individual Objects. Select the last circle, click Double Run, and change the color to Color 4. Select Double Run again. *This is the double run tackdown line for the inner circle.* You now have a total of six circles.

Candy Cane Placement Line

Select the Closed Object tool, select Outline > Single, and change the color to Color 5. Digitize the outside edge of the candy cane shape, starting with a left click on a straight area. Use left clicks for straight lines and right clicks for curves. When finished, press Enter on the keyboard to convert the line to stitches. *This is the placement line for the candy cane.*

Candy Cane Tack-Down Line

Select the digitized candy cane, click Double Run, and change to Color 6. Select Double Run again. *This is the double run tackdown for the candy cane.*

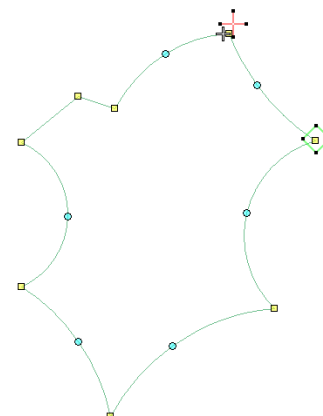


Digitize the Holly Leaves

Select the Closed Object tool and change to Color 7. Digitize the leaves, starting with the lower leaf. Left click on a tip, right click one time in the center scallop, left click on the next tip, and so on. Press enter to convert the line to stitches.

The fewer nodes in a line, the smoother it will be.

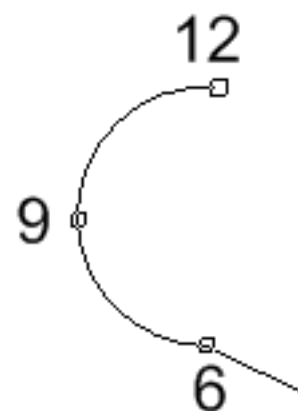
Select the Reshape OBJECT tool. Left clicks are represented by yellow squares along the line; right clicks are represented by blue circles. To change a node, select it and touch the space bar on the keyboard. Adjust the outline of the holly leaf as needed, then press enter to accept the changes.

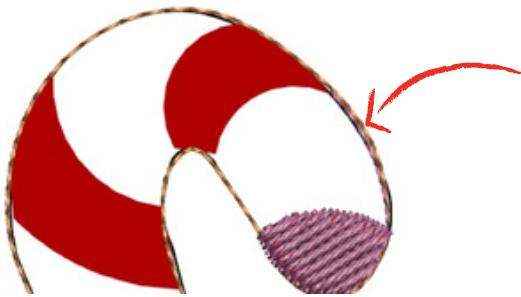


Digitize the Berries and Red Stripes

Select the Closed Object tool, select Fill > Step, and change to Color 8. Digitize the berries using right clicks. If a berry were a clock, you would right click at 12, 9, and 6. Press enter on the keyboard to convert the line to stitching. Repeat for each berry; they will overlap slightly.

Zoom in on the red stripe at the tip of the candy cane. Digitize this section first, then select Outline > Single and digitize a "walk line" to the next section to avoid jump stitches. Continue digitizing the remaining red sections, alternating between Step Fill for the stripes and Outline Single for the "walking lines" between sections.





Outline the Objects

Select the Open Object tool, change Outline to Backstitch, and change Color to #9. Digitize the outlines for the berries, holly leaves, and leaf veins.

In Color Film, select color chip #9. Select the Blackwork Run tool and press Enter on the keyboard. The individual lines are automatically converted into a single line with no jump threads!

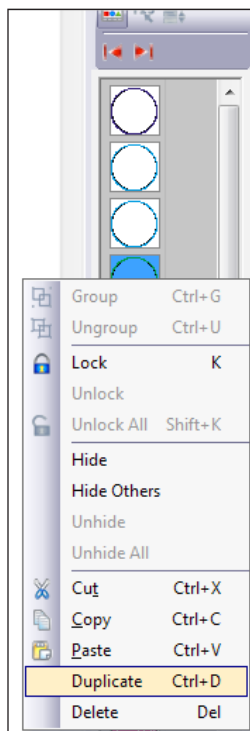
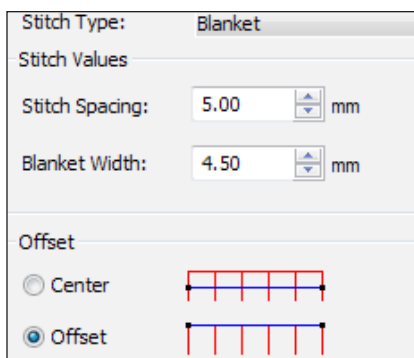


Select the Open Object tool and change Outline to Satin. Digitize a satin cover stitch around the candy cane, starting just above the top berry and ending at the lower berry, staying outside the placement line. (It is hard to cut felt super-close to the placement line!) Press Enter to convert it to stitches.

Click on the Show Individual Objects icon. Select the single placement line for the inner circle (the fourth circle digitized). Right click Show Individual Objects and select Duplicate. The duplicate drops into last position. Change it to Color #10.

Change Outline to Blanket Stitch. Right click to open Object Properties. Change

Stitch Spacing to 5.0 mm (1.8") and Stitch Width to 4.5 mm; select Offset = Offset and click OK.



Double Run the blanket stitch two times.

Select the last circle and change the outline to Satin Stitch. (You now have two blanket stitch inner circles and one satin stitch inner circle.) Select the satin stitch circle, right click to open Object Properties. Select the General tab and change Width and Height to 93 mm (3.66"). Click OK.

Select Show Individual Objects and select the original (first) circle. Right click and select Duplicate. Change to Color #10.

Right click to open Object Properties. Change to a blanket stitch with the same settings as used above.

Double Run two times.

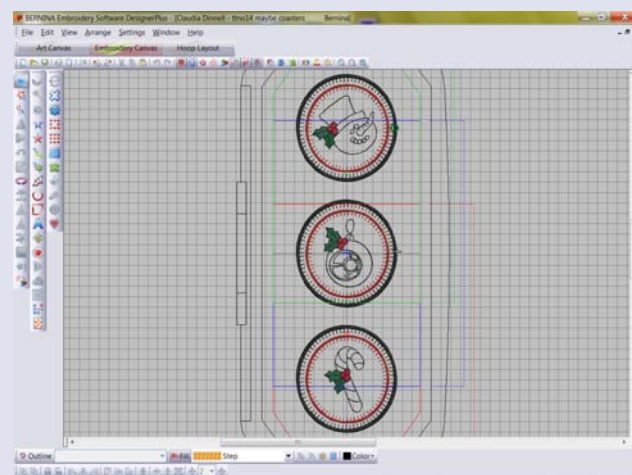
Select the last circle. Change the color to Color #11 and change Outline to Single Stitch. (You now have two blanket stitch outer circles and one single stitch outer circle.)

Note: This is when you will slide a felt piece under the hoop to cover the back of the coaster.

Duplicate the last circle and right click to open Object Properties. Change Outline to Satin Stitch, Width to 3.0 mm, and Color to #12.

Save the file.

Don't want to digitize your own coasters? Claudia has generously provided a free download featuring THREE coaster designs — the candy cane shown in this article, plus a snowman and a tree ornament. For even more embroidery designs by Claudia Dinnell visit www.claudiascreationsaz.com.



Embroider the Coasters

Open the embroidery file on the screen of your embroidery screen. Multiple coasters may be stitched in the same hooping: two in the Large Oval Hoop, three in the Mega Hoop. Be sure to position the motifs as far apart as possible.

Hoop two layers of BadgeMaster.

Thread the machine with green embroidery thread.

Stitch Color #1, the placement line for the outer circle, on the stabilizer. Place a piece of black felt over the placement line, covering the entire circle.

Stitch Color #2, the double run tackdown. Remove the hoop from the machine and place it on a flat surface. Trim the felt right up to the placement line, taking care not to pull it off the stabilizer. Return the hoop to the embroidery machine.

Stitch Color #3, the placement line for the inner circle. Place a piece of blue felt over the placement line, covering the entire inner circle.

Stitch Color #4, the double run tackdown, to secure the layers of felt together. Remove the hoop from the machine and carefully trim the blue felt up to the placement line. Return the hoop to the embroidery machine.

Stitch Color #5, the placement line for the candy cane. Place a piece of white felt over the placement line.

Stitch Color #6, the double run tackdown, to secure the layers of felt. Trim as close as possible to the stitching line.

Stitch Color #7, the green holly leaves.

Thread the machine with red embroidery thread.

Stitch Color #8, the red berries and candy cane stripes.

Thread the machine with black embroidery thread.



Stitch Color #9, the outline and satin stitch for the candy cane.

Rethread the machine with green embroidery thread.

Stitch Color #10, the blanket and sating stitching for the inner circle, and the blanket stitch for the outer circle.

Slide a piece of felt under the hoop, centering it under the coaster circle.

Stitch Color #11, the single stitch tackdown for the outer circle. Remove the hoop from the machine, turn it over, and trim the felt around the circle close to the stitch line. Be careful not to punch the coaster out of the stabilizer! Return the hoop to the embroidery machine.

Stitch Color #12, the final satin cover stitch. Trim all threads. Pop the coasters out of the stabilizer.

Claudia Dinnell



For her 27th birthday, Claudia told her husband that if he “surprised” her with a BERNINA, she would never need another sewing machine! True to her word, she still has that machine and enjoys sewing daily on her BERNINA—her 7th! (She’s still married to husband #1.)

Claudia lives in Phoenix, AZ and has been

teaching quilting and appliqué classes for over 25 years. When asked to teach BERNINA software classes, she promptly went out, bought her first computer, and learned to use it. Little did she know that digitizing would become her love and passion. She now creates large, original designs using her own multi-hooping technique which she has taught throughout the United States.

Claudia’s love to teach continues today as she motivates students to create their own works of art in redwork and appliqué styles. Claudia has won national and local awards for her designs, quilting, and digitized works and now markets her patterns to local quilt shops.

www.claudiascreationaz.com

info@claudiascreationsaz.com

Facebook: Claudia’s Creations

embroidery PROJECT

Blooming Wallhanging

by LINDA WENTURINE

Finished size: 24" x 33"



This whimsical wallhanging features your child's name combined with bright, happy colors of pink and green. BERNINA's Exclusive Birds & Blooms Embroidery Collection #82002) includes a mix of floral designs, inspirational words, and a complete alphabet. The collection also features bonus artwork that can be printed on fabric or used with your favorite transfer medium to add another element to your creation. For an added "surprise," some designs have a dimensional finishing technique that makes them "bloom" like velvet.

Supplies

Machine & Accessories

- BERNINA Exclusive Embroidery Collection Birds & Blooms #82002 (designs #82002-04, -20, -62, -66, and -67)
- BERNINA Embroidery Software 6 or BERNINA Artlink 6 (for printing embroidery templates)
- Mega Hoop
- Large Oval Hoop
- Open Embroidery Foot #20/20C/20D
- BERNINA Stitch Regulator #42

Fabric & Notions

- $\frac{2}{3}$ yard white-on-white background fabric
- Benartex "The Garden Club" Collection
 - $\frac{2}{3}$ yard border fabric (Floral Stripe Pink/Green #0462502B)
 - $\frac{1}{3}$ yard binding fabric (Stripe Texture Light Red #0462810B)
 - $\frac{1}{4}$ yard applique fabric (Texture Pink #0462320B)
 - One fat quarter of green applique fabric (Texture Light Green #0462340B)

- 1 yard backing fabric
- OESD Ultra Clean & Tear Stabilizer
- OESD Applique Fuse & Fix
- 505 Temporary Fabric Adhesive
- Organ Embroidery needles, size 80/12
- Isacord embroidery thread, colors #6011, 2220, 2155
- Embroidery bobbin thread
- Aurifil Mako 50/12 #2021 or Mettler Silk Finish Cotton (white)
- Cotton batting, crib size
- 3 yards super-jumbo rickrack
- 3 yards extra-large rickrack
- 24" of $\frac{3}{4}$ "-wide ribbon
- Transfer Artist Paper (TAP) (optional*)
- Sharp craft knife
- "Cut for the Cure" Ruler
- Chalk or wash-away fabric marker

*For printable artwork: the printed area behind the tall flowers in the photo. Design used: Tall Flowers

Cutting Instructions

- Background fabric
 - Cut one 24" x 33" rectangle
- Border fabric
 - Cut four 4½" x width of fabric strips
- Binding fabric
 - Cut one 8" x 8" square
 - Cut four 2½" x width of fabric strips
- Pink applique fabric
 - Cut letters as needed
- Green applique fabric
 - Cut one 8" x 10" rectangle
 - Cut one 4" x 6" rectangle

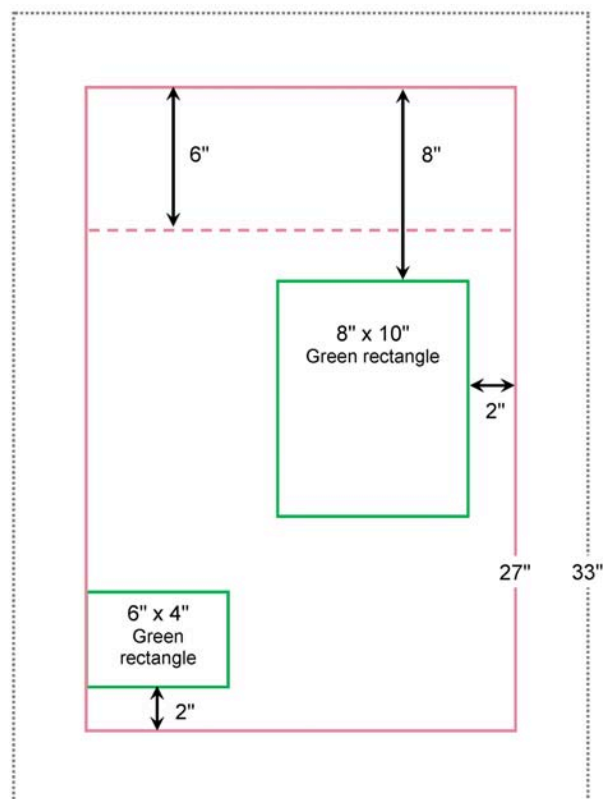
General Instructions

- Print paper templates of all the designs used. You can print these using the templates provided on the collection CD or by using BERNINA Embroidery Software 6. These templates will be used to ensure proper placement of the designs.
- For each embroidery design:
 - Spray a piece of Ultra Clean & Tear Stabilizer with 505 Temporary Adhesive.
 - Affix the stabilizer to the back of the fabric in the area to be embroidered.
 - Hoop the fabric/stabilizer sandwich in the hoop.
 - Stitch the design, referring to the photo for embroidery thread color changes.

Tip: If your embroidery machine has a built-in basting box, stitch it. If not, you may download free basting box files from the BERNINA USA website.

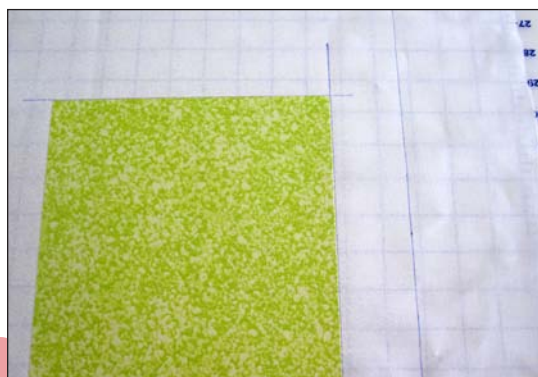
- There are two methods which can be used to cut the applique pattern pieces. Detailed instructions for both methods are included on the collection CD.
 - Use the PDF to print paper applique patterns.
 - Use the bonus CWA files with the BERNINA CutWork Accessory, and let the CutWork Tool cut the shapes for you. This is particularly helpful when cutting multiples of the same pattern piece.
- Before cutting with either method, follow the manufacturer's directions to apply Applique Fuse & Fix to the back of the applique fabric. Cut out the applique/Fuse & Fix shapes with scissors, or follow the instructions on the collection CD for using the CutWork Accessory.
- Instructions for stitching the applique shapes are included on the design collection CD.

- Refer to the quilt layout diagram below for placement of the green rectangle appliques and the embroidered letters. Mark the background fabric as shown in the diagram.



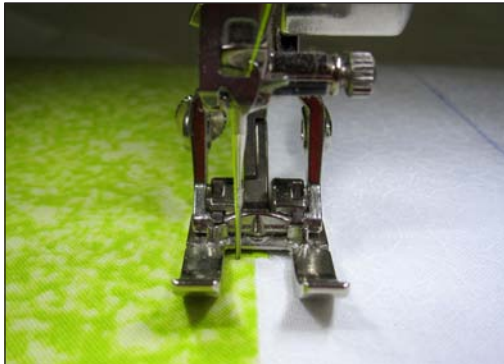
Tip: Place the white background fabric over a gridded cutting mat; the grid will be visible through the fabric, making it easy to mark fabric and position the green rectangles.

- Note that the background fabric (black dotted line) is cut larger than the finished wallhanging size to allow for hooping.
- Mark an 18" x 27" rectangle (solid pink line) centered on the background fabric. This is the actual finished size of the wallhanging.
- Using chalk or a wash-away marker, mark a line 6" below the finished top of the wall-hanging (pink dashed line); this marks the horizontal center placement line for the embroidered letters.

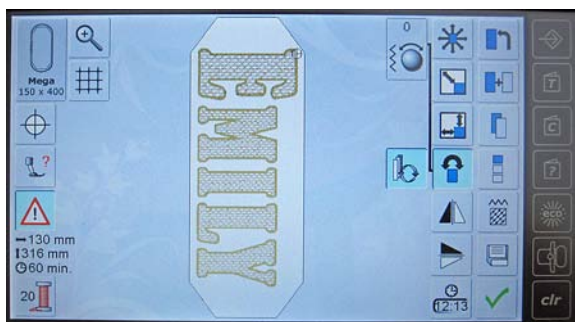


Embroidery and Embellishments

- Fuse the green rectangles to the quilt.
- Place stabilizer behind the areas you will be stitching to keep the stitches stable. Stitch around the edges using Open Embroidery Foot #20/20C/20D with a traditional satin stitch or a decorative satin stitch as shown.



- Embroider the individual letters of the child's name across the quilt top where indicated. Follow the applique instructions included on the design collection CD.
- Create the name using your embroidery machine's on-screen embroidery tools, or use BERNINA Embroidery Software 6 to arrange the letters.



Tip: Using the BERNINA Mega Hoop when stitching the name provides more space for the letters, and you may be able to fit an entire name in one fabric hooping.

- Print the Tall Flowers Printable design onto Transfer Artist Paper (TAP) following the instructions included with the TAP packaging.
- Press the design onto the front of the quilt in the area shown in the photo, following the TAP instructions.
- Lay the printed templates for the Bird (#82002-04) and Jumbo Tufted Satin Flowers (#82002-67) on the fabric as desired. Refer to the quilt photo for placement ideas.
- Place the printed template for the Tall Flower embroidery design (#82002-66) slightly to the side of the printed design.

- Mark the placement of each design on the background fabric.



- Stitch the designs.
- Trim the embroidered and embellished fabric to 18" x 27".

Quilt Construction

Add the Borders

- Find the center of one of the border strips. Pin the strip to one edge of the quilt, aligning the center of the border strip with the center of the quilt edge.
- Attach Patchwork Foot #37/37D to the sewing machine. Begin sewing $\frac{1}{4}$ " from the end of the quilt, using a $\frac{1}{4}$ "-wide seam allowance. Stop sewing $\frac{1}{4}$ " from the other end.
- Repeat for the remaining three edges of the quilt.
- Press the seam allowances toward the embroidered panel.

Miter the Corners

- Fold the quilt top diagonally, right sides together, at one corner so the two borders are aligned and lay flat beyond the quilt top.



- Use a ruler to mark a stitching line that follows the line of the quilt fold.



- Pin and stitch.
- Trim the excess border fabric to $\frac{1}{4}$ ". Press the seam allowances open.
- Repeat for the remaining three corners.



Create the Quilt Sandwich

- Place the batting on a flat surface and spray it with 505 adhesive.
- Place the quilt backing wrong side down over the sprayed batting. Smooth in place.
- Trim the backing and batting so they are 3" larger than the quilt top on all sides.
- Turn over the batting/backing sandwich to the other side of the batting faces up.
- Spray the batting with 505 adhesive.
- Center the quilt top over the batting, right side up. Smooth in place.

Quilt the Embroidery Designs

- The two Flower Burst Linework designs (#82002-20 and #82002-62) are used to quilt the layers of the wallhanging together. Additional freemotion stitching will be added later.
- Place the printed templates for the Flower Burst designs on the quilt and transfer the center markings to the quilt. Alter the size and rotate the designs as desired, and place them in a pleasing arrangement.
- Hoop the quilt sandwich without stabilizer.
- Thread the machine with white thread in the needle and bobbin, then embroider the designs.



Complete the Quilt

- Finish quilting the wallhanging using a freemotion stipple stitch and the BERNINA Stitch Regulator.

- Trim the layers of the quilt sandwich, leaving 4"-wide borders (measured from the seamlines).
- Join the binding strips together and bind the quilt using your preferred method.
- Stitch the super-jumbo rickrack along the border seam. Flip to make turns at the corners of the quilt.



- Stitch the extra-large rickrack down the center of the super-jumbo rickrack in the same manner.



- Add a bow to one corner of the wallhanging.
- Slit the leaves of the large floral vine following the instructions on the design collection CD.

Note: Not all satin stitches are meant to be cut! Consult the chart in the instructions to ensure the correct satin stitches will be cut.



basic SEWING

Wardrobe in a Weekend

*Sewing tips & tricks
for 18" doll clothes*

by JO LEICHTE



I love the instant gratification of sewing little clothes for dolls. Cutting, stitching, embellishing, finishing — everything can be done in an afternoon!

My two favorite sewing accessories are my edgestitch foot and my serger. Or maybe a sewing machine is my favorite serger accessory? Either way — I wouldn't complete nearly as many projects if I didn't have these two machines set up side by side. I've streamlined some traditional sewing techniques by capitalizing on the special properties of serged edges; these are especially suited to stitching the tiny hems and finishes of doll-sized clothing. For this project I limited myself to fabrics reclaimed from discarded garments — t-shirts, a sweatshirt, and a denim skirt.

Supplies

- Patterns
 - KwikSew #2878
 - KwikSew #3091
 - Liberty Jane T-Shirt Variations Pack
 - Liberty Jane Sandy Lane Maxi Dress
 - Liberty Jane Doll Belt Tutorial for WeAllSew
- Fabrics
 - Recycled t-shirts
 - Cast-off denim skirt
 - Old sweatshirt
- Threads
 - 4 spools Mettler Seralock serger thread in a neutral color
 - Mettler Metrosene polyester thread to match fabrics
- Hook-and-loop tape
- Blunt crewel needle or bodkin
- Safety pins
- Paper scissors
- Fabric scissors or shears
- Ruler or measuring tape
- June Taylor Fray Block
- Sewing machine
- Edgestitch foot (BERNINA Edgestitch Foot #10/10C/10D)
- Serger
- Steam iron and ironing board



TIP #1 Study your pattern before you begin cutting and sewing

Open your pattern(s), read the instructions, and decide which pattern pieces you need. If you download a pattern from the internet, be sure to set your printer for full size; don't use "shrink to fit" or your patterns will be too small.

TIP #2 Make use of existing hems, seams, and edge finishes

I utilized the hem and seams of a denim skirt for the hems and edges of a pair of pants and a vest. Begin serging at the far end of the seam, ending with the hemmed edges; it's difficult to keep the edges even



at the beginning of the seam, but easy to ensure they meet when they follow at the end.

TIP #3 Take advantage of t-shirt artwork

Does the people-sized garment have interesting graphics? Incorporate them into your doll clothes. The high contrast graphic from the front of a tee became the bold print featured in the skirt of the red dress. My favorite adaptation: a Hawaii-themed t-shirt with large interesting graphics was transformed into a chic boutique ensemble!



TIP #4 Use medium-size fabric scissors

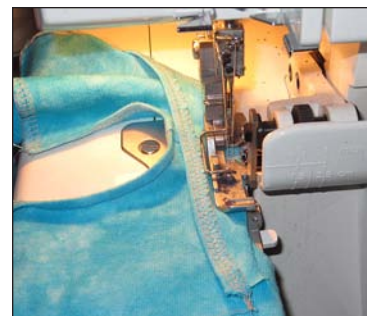
Pin pattern pieces to your fabric, and cut them out using fabric scissors or shears. For doll clothes and other small pieces I like using smaller scissors, such as my Havel 5½" serrated embroidery scissors — the serrated edge is super for cutting t-shirt knits, and the short blades make it easy to cut small curves and corners.

TIP #5 Serge seams with a 4-thread overlock

Rather than stitching and then overcasting seams, seam and finish in one step with your serger! Set the differential feed between 1.25 and 1.5 to accommodate the stretch in t-shirts and other knits.

TIP #6 Skip the pinning

Doll clothes are so small, pinning isn't really necessary, and can actually make some areas more difficult to stitch. Plus — pins and sergers don't play well together, so I avoid using pins whenever possible.



Just remember to stitch seams a short distance at a time. For instance, when joining convex shirt sleeve pieces to concave armhole openings, align and stitch the first ½" of the seam, stop with the needle down, readjust the fabric, and stitch the next half inch.

Tip #7 Secure thread tails

Create a neat appearance and secure finish for serged seams by weaving about 1" of the thread tails into the stitches with a blunt needle or bodkin. For rolled edges, daub a bit of June Tailor Fray Block on the ends, let it dry, then clip the excess threads.



TIP #8 Replace tiny double hems with serged and topstitched edges

One of the most tedious tasks required when stitching tiny garments is turning ⅛"-deep double hems. For my "Wardrobe in a Weekend" I replaced this with a "serge and topstitch" technique. First I serged the edges with a 4-thread overlock, and then turned the hem under; because the serged stitch is stiffer than the fabric, it's easy to turn the edge under right along the base of the stitching. Then attach the edgestitch foot and topstitch the seam in place. I used this technique for nearly all the hems, necklines, armholes, etc. in these garments.



TIP #9 Reduce bulk at cross seams

Places where seam allowances overlap can be excessively bulky. To reduce this, I use a trick I learned from piecing quilts: Turn one seam allowance to the left and one to the right, then slide them toward each other. They'll butt against each other when the seamlines match, "locking" into place. Stitch, making sure the seam allowances stay folded to opposite sides of the seam as they pass under the presser foot.



TIP #10 Replace tiny double-fold hems with rolled edges

For a delicate finish, roll hem edges with your serger. This technique is featured on the lower edge of the red dress ruffle as well as on the hems of the "Hawaii" outfit. This is the only technique for which I used something other than a standard 4-thread overlock, removing the left needle and adjusting my serger settings for a 3-thread rolled edge. Be sure to test your stitches on t-shirt scraps before starting on the doll clothes; cutting off an extra $\frac{1}{8}$ " makes a big difference when you're only 18" tall!

Tip #11 Create a lettuce edge with your sewing machine

Don't have a rolled hem on your serger? Create a similar effect with your sewing machine. Set your sewing machine for a zigzag stitch, width about 3 mm and length about 1 mm. Test on a scrap and adjust settings as needed. Slowly stitch along the hem/cross grain, keeping the cut edge aligned with the guide in the edgestitch foot. The needle will swing into the fabric on the left swing and just barely over the edge on the right swing. Keep the fabric gently taut; the "ruffles" will form automatically. Go over the edge a second time if desired.



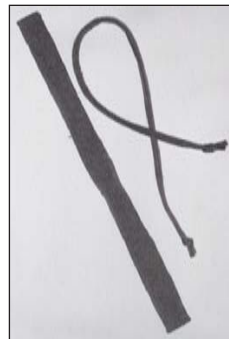
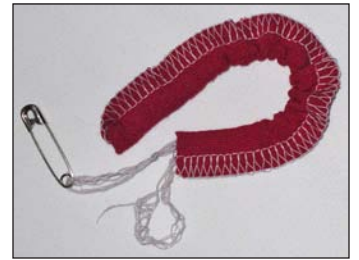
Tip #12 Sew a few extra stitches for easy elastic threading

Threading elastic through a casing isn't hard... until you reach a seam and get caught. Avoid this by basting the seam allowances to the upper inch or two of the garment, sewing close to the raw edge. After the elastic is inserted, simply remove the basting stitches.



TIP #13 Make serged "spaghetti straps"

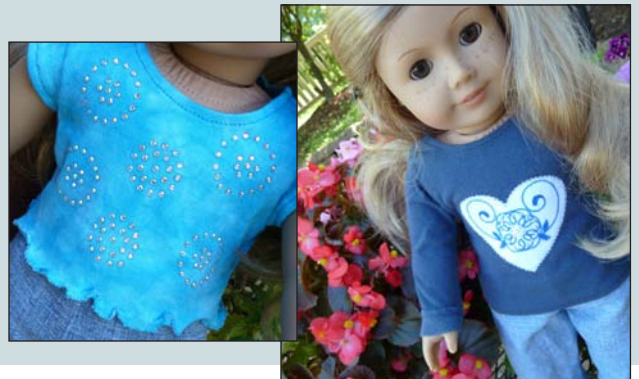
When serging $\frac{1}{4}$ "-wide straps, such as those for the red maxi dress, leave extra-long thread tails at the ends of the seam. Thread one of the tails through a tapestry needle or small safety pin, slip the needle or bodkin into the tube, and then gently but firmly tug to turn the tube right side out. Extra bonus: When the tube is turned right side out, the serged stitches act as "stuffing" for the tube, creating a firm, flat, solid strap.



TIP #14 Make your own "yarn" from t-shirt knit

To make the ties on the "Hawaii" cardigan, I cut $\frac{1}{2}$ "-wide strips of t-shirt knit, then stretched them as tightly as I could. The result? A small tube of t-shirt "yarn." After knotting both ends, I hand-stitched short pieces to the front corners of the cardigan.

Create your own crystal designs and line drawings with BERNINA's new DesignWorks software — including PaintWork, CutWork, and CrystalWork — available at your local BERNINA store later this year.





The Last Word

A sneak peek at what's coming in *Through the Needle ONLINE*, Issue #15:

Heart Art

Give someone your heart! This multi-layered ornament from Diane Gloystein is perfect for practicing your freemotion skills — the stitching doesn't need to be perfect, as long as the fibers and threads are pretty!



An Array of Hearts and Circles

Did you know the BERNINA CutWork Software does more than just cut? Mary Beck's "An Array of Hearts and Circles" table runner features net-filled "faux applique" shapes in addition to cut and appliqued fabric hearts. The gold and green shapes are stitches, not fabric!

October 2012 Special

25% OFF

Don't Be a Drag

The specially coated sole is designed for moving over fabrics which tend to "drag" — microfibers, plastics, vinyl, and leather, plus heavily glazed or highly polished fabrics. The coated soles of these presser feet glide over the fabric surface, resulting in problem-free sewing and beautiful stitches.

For October 2012 only, get 25% OFF BERNINA Non-stick Presser Feet #52, #53, #54, and #56.

Offer good October 2012 at participating BERNINA dealers in the United States. Coupon may not be combined with any other offer.



Non-stick Feet
(#52, #53, #54, #56)

Quick Links

These are the main links featured in this issue; see the articles for links to specific products, projects, and technique information. Please visit our sponsors and contributors for more inspiration, information, and stitching fun!

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- www.patchworkplusquiltshop.com
- www.claudiascreationsaz.com/cc
- www.cssewing.com

November 2012 Special

25% OFF

The Eyes Have It

Easily and beautifully create functional or decorative eyelets on even the most basic BERNINA sewing machine. Create eyelet borders, free-motion eyelets, teardrop eyelets and more!

For November 2012 only, get 25% OFF BERNINA Eyelet Attachment Set #82.

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#82 Eyelet Attachment Set



Click [HERE](#) to download our free **Just SEW It!** eBook featuring instructions for six fun and easy-to-sew projects!

Until January ...

We're taking a short break before the next issue of *Through the Needle ONLINE*. We'll be back in January, 2013, ready to start the year with more projects and techniques to inspire your creativity. What did you stitch in 2012? We'd love to see your creations! Send e-mail and photos to jo@berninausa.com.